

BRIGHTON SENIOR CENTER



Where Active Aging Never Gets Old!

2024

AUGUST
SEPTEMBER



WELCOME!



850 Spencer Road
Brighton, MI 48116



(810) 299-3817



OPEN Monday - Thursday
9:00am - 2:00pm



www.brightonseniorcenter.com



@BrightonSeniorCenter

ABOUT US

Welcome to the Brighton Senior Center, the heart of fun and adventure for everyone 50 and older in and around Livingston County! Whether you're seeking new friendships, lifelong learning, thrilling travel experiences, or a range of fitness and enrichment classes, we have something for you. Discover helpful information and assistance, convenient transportation options, and meaningful volunteer opportunities. Stop by and explore – you'll be amazed at what awaits you!

ANNOUNCEMENTS

REMINDER!

Body Spot Silver

**MOVES BACK TO THE
BECC GYM**

Starting **SEPTEMBER 3rd!**

CLOSURES!

We will be closed

August 26 - 30

*for district wide building
maintenance & cleaning*

September 2
for Labor Day

*We have an Amazon
"Wish List"!*

use this link

<https://a.co/8NAHB9L>

Items ship directly to us.

Your generosity is Appreciated!!

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Lisa Tam

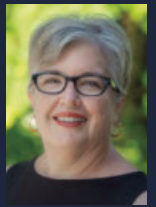
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-LOCATIONS-

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*Gift card valid at Amazon, some restrictions may apply.

beltonehearingaid.com

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15-0822

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FOOD
GAMES
FUN**

BRIGHTON SENIOR CENTER
**MEMBER
APPRECIATION
LUNCHEON**
Celebrating 50 years!

**MERCI
GRAZIE**

**THURSDAY, AUGUST 15TH
12:00 NOON**

LUNCH • GAMES • FUN

**THANK
YOU!**

CURRENT MEMBERS ONLY!
RSVP AT THE CENTER -OR-
BY CALLING (810) 299-3817

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& PRIZES PROVIDED BY

 Village Manor
 Abigail
HOSPICE

 NOBLE
ON THE LAKE

 movingwithcare.com
A Real Estate Resource for Seniors and Their Families

**GRACIAS
DANKE**

LUNCH RSVP REQUIRED BY 8/12/2024!

**ANNUAL
SENIOR PICNIC**

at Kensington Metro Park

DATE: Thursday, September 12th
TIME: Bus will depart from the Senior Center
at 11:00am
We will plan to be back at the center around 3:00pm
COST: FREE (members only)

Spend the afternoon with members from area senior centers, socializing, BBQing, playing games and winning prizes!

We ONLY have 12 spots available*
*If more than 12 people sign up we will do a lottery style drawing on 9/5!
Sign up at the Brighton Senior Center TODAY!!!

You're Invited!
Join us for
pizza, salad & cake!

Birthday Celebration Luncheons
August 22nd & September 26th
at 12:00pm

Sign-up REQUIRED 1 week prior
*We will NOT add people after this date!!!

Members: \$5.00 Non-Members: \$10.00
(August & September Birthdays: FREE!)

Sign up at the Center, online
or by calling (810) 299-3817

BIRTHDAY FLOWERS & LUNCH PROVIDED BY

 BRIGHTON
Senior Center

 Four Seasons
FLORIST

 BRIGHTON
Senior Center

MONTHLY

**EUCHRE
TOURNAMENT**

**WEDNESDAY,
AUGUST 21**

Starts at 10:00 AM

BRIGHTON SENIOR CENTER
850 SPENCER RD. BRIGHTON

\$7.00 AT THE DOOR!

FOR MORE INFORMATION:
(810) 299-3817

WWW.BRIGHTONSENIORCENTER.COM

A Fundraiser
Tournament to
Support the
Brighton Senior
Center

**CASH PRIZES
50/50 RAFFLE**

POTLUCK LUNCH
PLEASE BRING A DISH TO
SHARE OR PAY \$10.00 TO
THE POTLUCK FUND.



AUGUST 2024









MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| | | | | |
|--|--|--|---|-------------------------|
| <p>Call us (810) 299-3817 CHECK OUT OUR WEBSITE! www.BrightonSeniorCenter.com FOLLOW US ON FACEBOOK! </p> | <p>Please REMEMBER... Many of our activities require pre-registration by certain dates!!!</p> | <p>BUILDINGS: BECC - 125 S. Church St BHS - Brighton High School HAW - Hawkins Elementary SMS - Saranton Middle School</p> | <p>1 9:00 Body Spot Silver (SMS) 10:00 Whole Brain Exercise 11:00 Chair/Mat Yoga 12:30 Bingo 6:00 <i>Taxes in Retirement</i></p> | <p>2 CLOSED</p> |
| <p>5 9:30 <i>Grandparent Camp</i> 10:00 Euchre 10:00 Balance & Strength 11:00 Acrylic Pour Paintings 12:30 Drop-In Poker <i>Nurses Foot Care (by appt)</i></p> | <p>6 9:00 Body Spot Silver (SMS) 9:30 <i>Grandparent Camp</i> 11:00 Chair Yoga 12:30 Bingo </p> | <p>7 9:30 <i>Grandparent Camp</i> 10:00 Euchre 10:00 Mahjong 12:30 Drop-In Poker 6:00 <i>Taxes in Retirement</i></p> | <p>8 9:00 Body Spot Silver (SMS) 9:00 <i>Firekeepers Casino</i> 9:30 <i>Grandparent Camp</i> 10:00 Whole Brain Exercise 11:00 Chair/Mat Yoga 12:30 Bingo </p> | <p>9 CLOSED</p> |
| <p>12 10:00 Euchre 10:00 Balance & Strength 12:30 Drop-In Poker</p> | <p>13 9:00 Body Spot Silver (SMS) 10:30 Chair Yoga 11:30 Chair Yoga 12:30 Bingo 6:00 <i>Social Security Q&A</i></p> | <p>14 10:00 Euchre 10:00 Mahjong 12:30 Drop-In Poker 6:00 <i>Medicare 101</i></p> | <p>15 9:00 Body Spot Silver (SMS) 10:00 Whole Brain Exercise 11:00 Chair/Mat Yoga 12:00 <i>50 Year Celebration</i> NO BINGO TODAY!</p> | <p>16 CLOSED</p> |
| <p>19 10:00 Euchre 10:00 Balance & Strength 12:30 Drop-In Poker </p> | <p>20 9:00 Body Spot Silver (SMS) 10:30 Chair Yoga 11:30 Chair Yoga 12:30 Bingo </p> | <p>21 10:00 <i>Euchre Tournament</i> 10:00 Mahjong <i>Nurses Foot Care (by appt)</i> </p> | <p>22 9:00 Body Spot Silver (SMS) 10:00 Whole Brain Exercise 11:00 Chair/Mat Yoga 12:00 <i>Birthday Celebration</i> 1:00 Modified Bingo  <i>Nurses Foot Care (by appt)</i></p> | <p>23 CLOSED</p> |
| <p>26 CLOSED</p> | <p>27 CLOSED</p> | <p>28 CLOSED</p> | <p>29 CLOSED</p> | <p>30 CLOSED</p> |



SEPTEMBER 2024


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| | | | | | | | | | |
|----|---|---|--|--|--|---|--|----|--|
| 2 | <p>CLOSED</p> <p><i>Happy Labor Day</i></p> | 3 | <p>9:00 Body Spot Silver (BECC)</p> <p>10:30 Chair Yoga</p> <p>11:30 Chair Yoga</p> <p>12:30 Bingo</p>  | 4 | <p>10:00 Euchre</p> <p>10:00 Mahjong</p> <p>12:30 Drop-In Poker</p> <p>6:00 <i>Zumba (HAW)</i></p> | 5 | <p>9:00 Body Spot Silver (BECC)</p> <p>10:00 Whole Brain Exercise</p> <p>11:00 Chair/Mat Yoga</p> <p>12:30 Bingo</p> <p>6:00 <i>Social Security Q&A</i></p> | 6 | <p>CLOSED</p> |
| 9 | <p>10:00 Euchre</p> <p>10:00 Balance & Strength</p> <p>11:00 <i>Show me the Monet</i></p> <p>12:30 Drop-In Poker</p> <p><i>Nurses Foot Care (by appt)</i></p> | 10 | <p>9:00 Body Spot Silver (BECC)</p> <p>10:00 <i>Beltane-Hearing Checks</i></p> <p>10:30 Chair Yoga</p> <p>11:30 Chair Yoga</p> <p>12:30 Bingo</p> <p>6:00 <i>Mindfulness 101</i></p> | 11 | <p>10:00 Euchre</p> <p>10:00 Mahjong</p> <p>12:30 Drop-In Poker</p> <p>6:00 <i>Zumba (HAW)</i></p> <p>6:00 <i>Medicare 101</i></p> | 12 | <p>9:00 Body Spot Silver (BECC)</p> <p>9:00 <i>Soaring Eagle Casino</i></p> <p>9:30 <i>Watercolor Cards</i></p> <p>10:00 Whole Brain Exercise</p> <p>11:00 Chair/Mat Yoga</p> <p>12:00 <i>Senior Picnic</i></p> <p>12:30 Bingo</p>  | 13 | <p>CLOSED</p> |
| 16 | <p>10:00 Euchre</p> <p>10:00 Balance & Strength</p> <p>12:30 Drop-In Poker</p>  | 17 | <p>9:00 Body Spot Silver (BECC)</p> <p>10:30 Chair Yoga</p> <p>11:30 Chair Yoga</p> <p>12:30 Bingo</p> <p>12:30 <i>2U Vision Shop</i></p> <p>6:00 <i>Estate Planning Basics</i></p> | 18 | <p>10:00 Euchre</p> <p>10:00 Mahjong</p> <p>12:30 Drop-In Poker</p> <p><i>Nurses Foot Care (by appt)</i></p> <p>6:00 <i>Mixed-Media Art Journals</i></p> | 19 | <p>9:00 Body Spot Silver (BECC)</p> <p>9:30 <i>Watercolor Cards</i></p> <p>10:00 Whole Brain Exercise</p> <p>11:00 Chair/Mat Yoga</p> <p>12:30 Bingo</p> | 20 | <p>CLOSED</p>  |
| 23 | <p>10:00 Euchre</p> <p>10:00 Balance & Strength</p> <p>11:00 <i>Mixed-Media Collage</i></p> <p>12:30 Drop-In Poker</p> <p>6:00 <i>Photography 101</i></p> | 24 | <p>9:00 Body Spot Silver (BECC)</p> <p>10:30 Chair Yoga</p> <p>11:30 Chair Yoga</p> <p>12:30 Bingo</p>  | 25 | <p>10:00 <i>Euchre Tournament</i></p> <p>10:00 Mahjong</p>  | 26 | <p>9:00 Body Spot Silver (BECC)</p> <p>9:30 <i>Watercolor Cards</i></p> <p>10:00 Whole Brain Exercise</p> <p>11:00 Chair/Mat Yoga</p> <p>12:00 <i>Birthday Celebration</i></p> <p>1:00 Modified Bingo</p> <p><i>Nurses Foot Care (by appt)</i></p>  | 27 | <p>CLOSED</p> |
| 30 | <p>10:00 Euchre</p> <p>10:00 Balance & Strength</p> <p>12:30 Drop-In Poker</p> | <p>BUILDINGS:</p> <p>BECC - 125 S. Church St</p> <p>BHS - Brighton High School</p> <p>HAW - Hawkins Elementary</p> <p>SMS - Saranton Middle School</p> | | <p>Join us for lunch M-Th</p> <p>11:30am-12:30pm</p> <p>MUST PRE-ORDER 24HRS IN ADVANCE</p> <p>\$6.00/MEAL PROVIDED BY BAS</p> | | <p>Call us (810) 299-3817</p> <p>CHECK OUT OUR WEBSITE!</p> <p>www.BrightonSeniorCenter.com</p> <p>FOLLOW US ON FACEBOOK!</p>  | | | |



LIBRARY

Free to members!
Donate, borrow, read!!!

**We're Open!!
Stop in
and shop!**



gift shop

Weekly Bingo

TUESDAYS & THURSDAYS
12:30 PM



Themed Basket Bingos

6-9PM
BRIGHTON SENIOR CENTER

HALLOWEEN **OCTOBER 18TH**
TURKEY **NOVEMBER 15TH**
UGLY SWEATER **DECEMBER 13TH**







Billiards

Come play during open hours
Monday-Thursday
9am-2pm



Drop-In Poker

Mondays & Wednesdays
12:30PM



Lyon Township
off Milford Rd. Across
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THE BEST TIME TO START PLANNING IS TODAY

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 contact@simplifyestate.com
 simplifyestate.com/



Pinochle
Thursdays 12pm

Weekly Euchre
Every Monday and Wednesday - 10am

Euchre Tournaments
August 21
September 25
 10:00 AM
 Brighton Senior Center
 \$7 per person at the door



****Three cash prizes** 50/50 Raffle!**
 Potluck style lunch - Please bring a dish to share or contribute \$10 to the potluck fund.

Creative Maker Space
NOW OPEN!

Are you creative?
 Do you like to tinker with craft projects?



Check out our **NEW Creative Maker Space** located in the Arts & Crafts Room!

Available supplies include: Card making, knitting/crocheting, painting, jewelry, beading, felt and more!



Mahjong Club
 Wednesdays 10am

Learn Mahjong
 Call for info

It's All About Family!

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To Get More Information call (844) 885-4200
 or online at www.MichiganEstatePlanning.com

Life is Complicated Enough. Protecting Your Family Shouldn't Be...

If Crisis Strikes, You Risk:

- Losing Control
- Additional Stress on Your Family
- The Loss of What You Spent a Lifetime Building

Proper Planning Ensures You:

- Maintain Control of Your Assets for the Sake of The Family
- Give Control to Those you Trust Most, When You're not Able to Act
- Remain Home Without Stress on the Family, Should the Need for Long Term Care Arise
- Keep Your Family's Business Private

LifeCare Planning Protects Your Family From:

- The Government
- Taxes
- Lawsuits
- Nursing Homes
- Those That Want to Take Your Assets From You

Discover:

- Government Assistance to Help Pay for Care at Home
- Up to \$2,120 a Month in Veteran Benefits to Assist with Care at Home or Assisted Living



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TRAVEL

Page 08

We've teamed up with *Timeless Memories, Adventures and Events* to bring you exciting local, domestic & international travel opportunities! Visit www.BrightonSeniorCenter.com/travel or our travel display at the center for more information about traveling in 2024 & 2025!

Most trips have sign-up deadlines months in advance... so be sure to check early so you don't miss out!!

****Senior Center Membership is not required for travel.**

TRAVEL & DAY TRIPS

Idaho's Resorts and Rivers (SEPT)
Michigan Pricess Riverboat Luncheon (OCT)
Thunder Bay (OCT)
Shipshewana with Lights of Joy Tour (NOV)
Colorful Costa Rica (NOV)
Washington D.C. - A Capitol Christmas (DEC)

TRAVEL & DAY TRIPS cont'd

Hawaii 3 Island Adventure (FEB 2025)
Great Trains and Grand Canyons (APR 2025)
Iceland Explorer (MAY 2025)
National Parks & Canyon of Southwest (MAY 2025)
Canadian Rockies via Rail (JULY 2025)
Nova Scotia & the Canadian Maritimes (SEPT 2025)
Albuquerque Balloon Festival & Santa Fe (OCT 2025)
Switzerland & Christmas Markets on Rhine River (DEC 2025)

- For questions regarding TRAVEL please contact Barb Smith at Timeless Memories, Adventures and Events (248) 497-0291 or TimelessMemoriesAnE@gmail.com.
- To register for travel visit BrightonSeniorCenter.com/travel print the form and mail/drop off with a check to the Senior Center).
- You can also pick up any of the forms at the Senior Center.



CASINO TRIP

To Firekeepers

AUGUST 8, 2024



\$45 MEMBERS
\$50 NON-MEMBERS

PICKUP LOCATION
BRIGHTON SENIOR CENTER
850 SPENCER RD
BRIGHTON, MI

BUS DEPARTS AT 9:00AM
RETURNS APPROX 6:00 PM

TRIP INCLUDES
+ BUS TRANSPORTATION
+ \$20 FREE SLOT PLAY
+ \$5 IN POINTS

SPACE IS LIMITED!!!
REGISTER BY JULY 25!!!



REGISTER (810) 299-3817
www.BrightonSeniorCenter.com

CASINO TRIP

To Soaring Eagle

SEPTEMBER 12, 2024



\$45 MEMBERS
\$50 NON-MEMBERS

PICKUP LOCATION
BRIGHTON SENIOR CENTER
850 SPENCER RD
BRIGHTON, MI

BUS DEPARTS AT 9:00AM
RETURNS APPROX 6:00 PM

TRIP INCLUDES
+ MOTORCOACH BUS TRANSPORTATION
+ \$20 PREMIUM PLAY (PRE LOADED)
+ \$10 DINNING
+ \$10 IN BINGO BUCKS (WED-SUN)

REGISTER BY SEPT 3rd!!!



REGISTER (810) 299-3817
www.BrightonSeniorCenter.com

Daily Lunches

BAS Salads -\$6.00 each
M-TH, 11:30am-12:30pm
Must pre-order by 12pm the day before
Available Sept-June



Eye Wear and Eye Examinations

2U Vision brings a complete optical store to us every two months. They offer stylish, comfortable, hypoallergenic, and high-quality eye wear with an extended warranty for adults 50+. Contact them to schedule an eye exam in the privacy of your own home. Call 947-479-1039 or send an email to info@2UVision.com.



2UVision will be here on September 17th at 12:30pm.

Nurses Foot Care

Ava Passino, RN, BCGN, is now accepting new patients as openings become available. Each 1 hour session includes: foot/leg assessment, warm foot bath, nail trimming and therapeutic foot/leg massage. Fee is \$42 and is tax deductible, but not insurance billable.



To schedule an appointment call Ava at (313) 303-7836.

Cooking with Maureen



Join Maureen Kimmel from Pampered Chef to learn recipes using time saving tools, quick tips for healthy eating and to discover the chef in you!

Contact the Center for date/time - Space is LIMITED!

NEW Personal Care Cabinet

Check out the NEW personal care cabinet located in the hallway by the bathrooms. Inside you'll find a variety of items such as adult undergarments, toiletries, covid tests, masks and more! All items are available to take as needed. If you have items to donate they MUST be unopened/used and dropped off at the front desk.

Hearing Checks

Chris from Beltone will be conducting FREE hearing tests, checking current hearing aids, replacing batteries and more.



Beltone will be here on September 10th at 10:00am.

Medical Loan Closet

Canes, Crutches, Shower Chairs, Toilet Risers, Wheelchairs, Walkers, Elder Care Supplies.

Call (810) 299-3817, option 2



Panera/ Busch's Donations

Free donations from Panera Bread and Busch's are available to members inside the Senior Center. All items are available on a first come basis.



PANERA - Tuesdays
BUSCH'S - Tues/Thurs



Resource Advocate

Provided by Livingston County Catholic Charities. Information & assistance with: Housing, Legal Aid, Food Assistance, Care Giving, In-Home Services, Tax Aid, Medicare/Medicaid, Counseling, etc.



To schedule an appointment call Mary Heymes (517) 545-5944 ext. 136 or mary@livingstoncc.org.

Transportation

Rides available for a fee to medical appointments, grocery stores, banking, hair salons, etc. Bus service is not available to/from surgical procedures. Driver does not stay for medical appointments. Please note, there is a 15 minute variance for each pick up.



To schedule a ride, call (810) 299-3817, Option 3

Title VI of the Civil Rights Act of 1964 prohibits discrimination based on race, color, or national origin in programs and activities receiving Federal financial assistance. Specifically, Title VI provides that "no person in the United States shall, on the ground of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving Federal financial assistance" (42 U.S.C. Section 2000d).

Fitness Classes

| | | |
|----------------------|-------|-------------------|
| Body Spot Silver | Tu/Th | 9-10:30am |
| Chair Yoga | Tue | 10:30-11:15am |
| Chair Yoga | Tue | 11:30-12:15pm |
| Tai Chi & QiGong | Wed | 9-10:00am & 1-2pm |
| Balance & Strength | Mon | 10-10:45am |
| Whole Brain Exercise | Thur | 10-10:30am |
| Chair/Mat Yoga | Thur | 11-11:45am |
| Zumba w/Joanie | W/Sa | 6:30pm/10am |

Visit our website or stop by the center to view class descriptions, dates and to register!

CLASSES & ACTIVITIES

Page 10

Register Online at www.brightoncommunityed.com,
call (810) 299-3817, or stop by the center.

BODY SPOT SILVER

ANNUAL (T&TH) | 9:00AM | \$99

Total body workout includes: cardiovascular, floor exercises, weight training, and yoga pilates.

BALANCE & STRENGTH

AUG 5 - SEPT 9 | 10:00AM | \$FREE

Join PT Solutions physical therapists and learn how to strength train safely and effectively in a fun environment.

SOCIAL SECURITY Q&A

AUG 13 | 6:00PM | \$10

Before you retire, it's important to understand your options and the impact your decisions have.

CHAIR YOGA

AUG 13 - SEPT 24 (TU) | 10:30 & 11:30AM | \$25

Yoga poses done in a chair that are appropriate for all fitness levels. No experience necessary.

CHAIR/MAT YOGA

AUG 15 - SEPT 26 (TU) | 11:00AM | \$25

Start in a chair and when ready use the chair as a prop while we transition to the mat for 15 minutes of mat yoga.

WHOLE BRAIN EXERCISE

SEPT 5 - OCT 10 | 10:00AM | \$25

Integrates L & R sides of the brain and body with exercise, vision, rhythm, and auditory processing to improve memory.

SHOW ME THE MONET: WATER LILIES

SEPT 9 | 11:00AM | \$89

We'll use ACRYLICS to make your artwork unique with tips, techniques, and introductory color theory.

MINDFULNESS 101

SEPT 10 | 6:30PM | \$30

Learn how to reduce stress, anxiety & depression and live with more ease and joy. Find out whether mindfulness is for you.

MEDICARE 101

SEPT 11 | 6:00PM | \$10

An introduction to Medicare, including Advantage Plans, supplements, prescription drug plans, and all pertinent information.

WATERCOLOR CARDS

SEPT 12 - OCT 3 | 9:30AM | \$105

Learn basic techniques in watercolor painting to create cards or paintings for friends and family.

INTRO TO WATERCOLOR

SEPT 12 - OCT 3 | 7:00PM | \$105

Learn basic techniques in watercolor painting to create cards or paintings for friends and family.

MIXED-MEDIA COLLAGE -LANDSCAPES

SEPT 23 | 11:00AM | \$89

You'll get to experiment in your new journal (included!) with art materials, mediums, and styles.

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Attorney Kelli King-Penner
Certified Dementia Practitioner

Attorney Melissa Dixon
Certified Dementia Practitioner

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3 Locations: Brighton, Grand Blanc & Rochester Hills | 800-990-6030 | www.mannorlawgroup.com



For ad info. call 1-800-477-4574 • www.4lpi.com

15-0822

Celebrating 2024-25 Season 30 years

Livingston County's premier performing arts venue is located at Brighton High School
7878 Brighton Road, Brighton, MI

BRIGHTON CENTER FOR THE PERFORMING ARTS
BrightonPerformingArts.com
(810) 299-4130

- 9/13 ~ Funny Women of a Certain Age
- 11/8 ~ Jacob Bryant
- 12/15 ~ Three Men and a Tenor
- 1/15 ~ Big, Bang, Boom
- 2/8 ~ The Best of Broadway TERRY BARBER
- 5/17 ~ Vonda Shepard

Seniors Helping Seniors
LIKE GETTING A LITTLE HELP FROM YOUR FRIENDS™

Providing In-Home Care Services for Seniors by Seniors!

We provide in-home senior care to seniors in the Greater Livingston area. We are VA approved, and accept private pay or Long Term Care insurance. To learn more about how we can help, let's get in touch!

Our Services At A Glance

- Companionship • Light Housekeeping • Meal Prep
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- Dementia / Alzheimer's Care • Shopping & Errands
- Personal Care • Pet Care • Medication Reminders
- Daily Living Assistance • And More!

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BRIGHTON SENIOR CENTER



850 Spencer Road
Brighton, MI 48116



Our Staff

Jodie Valenti, Director
(810) 299-3818
valentij@brightonk12.com

Deb Perry, Asst. Activities Director
(810) 299-4018
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Diana Walsh, Front Desk
(810) 299-3817, option 1
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David Passino, Bus Driver
(810) 299-3817, option 3
passind@brightonk12.com

Barb Smith, Travel Coordinator
(248) 497-0291
timelessmemoriesane@gmail.com

Looking to Volunteer?

If you're looking to make a difference in our community and enjoy working with actively aging adults, we have several volunteer opportunities available. Stop by or give us a call today!

DONATIONS ARE APPRECIATED!

- Used & new household items (including some furniture)
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- Personal care items (toiletries, etc)
- In-kind

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Contact Information:
Name: Jennifer Kirksley
Phone: 810-227-0179
Email: kirksleyj@brightoncity.org

Date: June 7, 2024

City of Brighton Encourages Seniors to Join the Brighton Senior Center with Free Membership

Brighton, MI – The City of Brighton City Council has unanimously voted to support and encourage local seniors to join the Brighton Senior Center. This initiative highlights the city's commitment to enhancing the lives of its senior residents through social engagement, fitness, and lifelong learning opportunities.

To make it easier for seniors to join, the city will cover the cost of the basic membership for Brighton seniors. Those interested in upgrading to silver or gold memberships can do so by paying the difference and gaining access to additional benefits and exclusive programs.

Seniors can obtain a membership voucher by bringing identification that verifies residency to:

Brighton City Hall
200 N. First Street
Brighton, MI 48116
Monday-Friday, 8 am-4 pm

If unsure about residency within city limits, please call 810-227-1911 before visiting City Hall for a voucher. Vouchers can be redeemed at the Brighton Senior Center, located at 850 Spencer Rd, Brighton, MI 48116, open Monday-Thursday, 9 am-2 pm.

Operated by Brighton Area Schools, the Brighton Senior Center offers a variety of daily activities and special events. Members can enjoy euchre, bingo, Mahjong, exercise classes, workshops, and educational sessions. The center also features a boutique store and a cozy café for coffee, tea, relaxation, and socializing. Welcoming all individuals aged 50 and older, the center provides a vibrant community for seniors to stay active and connected.

"We are thrilled to support our senior community by encouraging them to take advantage of the wonderful resources and programs available at the Brighton Senior Center," said Gretchen Gomolka, City Manager. "The center is a vital part of our community, offering a place for seniors to stay healthy, learn, and socialize. We look forward to seeing many new faces and fostering a welcoming environment for all."

For more information about membership and programs, or to learn how to support the Brighton Senior Center, please visit Brighton Senior Center at <https://www.brightonseniorcenter.com/> or call 810-299-3817.

brightoncity.org | 200 North First Street Brighton, MI 48116 | (810) 227-1911

DISCLAIMER

Although the Brighton Senior Center provides information through workshops, seminars and advertising for senior services, we do not endorse any private company. Our goal is to inform our members of the availability of services that may enhance their lives outside of the Center. As a consumer, you are encouraged to independently research and ask for references.

We appreciate all the support we receive from our local business community and health care providers.