BRGHTONCOMMUNITYED.COM 810/299-4130









The Community Ed/ BARC offices are located at BECC, 125 South Church Street.

Important notices & policies

Registration starts immediately.

- Fees must be paid upon registration.
- We cannot accept postdated checks.
- Some courses require added fees for materials and supplies.
- A \$15 fee will be assessed for returned checks.
- Register *online* 24/7 at *brightoncommunityed.com* or at *brightonareaschools.com* click on Community Education.
- *Walk in* hours are 8:00 AM 4:00 PM, Monday through Friday. Registration is on a first-come, first-serve basis. The Community Education office is located at BECC, 125 South Church Street.
- To register by *phone*, please call 810/299-4130 and have your credit card with you. We accept VISA or MasterCard.

Refund policies

The Community Education department, staff, and facilities are funded solely through registration fees. Because programs do not receive any state or federal funding, all one or two day classes and special event enrollments are FINAL. We reserve the right to combine and/or cancel courses. For classes cancelled due to weather, makeup classes will be scheduled if time/space allows, however they are not guaranteed and prorated refunds will not be issued.

Enrichment Refund Policy:

- A refund will be issued if a class/program is cancelled by BCE prior to its start.
- Please allow 4 6 weeks for refund by check.
- Approved student-requested class cancellations are charged a \$10 administration fee per class.
- No refund will be approved unless you provide a two business day notice.
- No refunds for one or two day classes and special events as stated above.
- There will be no refunds once a class has started, for no-show attendance or for going to the wrong location.
- Fees will not be prorated for missed classes.

B.A.R.C. Refund Policy:

- 100% Registration Fee Refund minus \$10 Administration Fee if request is prior to registration deadline date. Minus jersey fee if refund request is made after jerseys are ordered.
- 50% Registration Fee Refund if request is made after practices have started, but before first game is played.
- 0% Registration Fee Refund if request is made after the first game has been played.
- Medical Refund Request The Director of Recreation will determine the dollar amount that will be refunded after considering the circumstances.

B.A.R.C. Athletics Game Cancellations:

• When B.A.R.C. games are cancelled due to bad weather, unplayable field conditions, or acts of God, every attempt will be made to reschedule if circumstances allow. However, make up games are not guaranteed. No refund or credit will be given if games cannot be made up.

School Cancellations

When Brighton schools are closed because of bad weather, Community Education activities are cancelled or will be held virtually. Every attempt will be made to reschedule cancelled classes if circumstances allow, however make up classes are not guaranteed.



The Bridge High School 810/299-4048 Colleen Deaven, Director *deavenc@brightonk12.com*

Brighton Aquatic Center

810/299-4146 Damon Robertson, Director *robertsond@brightonk12.com* Aquatics Hotline 810/299-4147

Brighton Center for the Performing Arts

810-923-8229 Kim Sergent, Director sergentk@brightonk12.com

Brighton Senior Center/ Enrichment Programs

810/299-3818 Jodie Valenti, Director *valentij@brightonk12.com*

810/299-4018 Deb Perry, Assistant Director perryd@brightonk12.com

Recreation Programs

810/299-4132 Ken Grybel II, Director grybelk@brightonk12.com

810/299-4014 Nick Picano, Asst. Director *picanon@brightonk12.com*

810/299-4131 Nicole Dorais, Asst. Director *doraisn@brightonk12.com*

Room Reservations

810/299-4138 Juanita Johnson johnsoj@brightonk12.com

Tot Spot

810/299-3819 Janice Ramirez, Director *ramirej@brightonk12.com*

Kelly Ernst Program Assistant dunnk@brightonk12.com

The Bridge High School



The Bridge Alternative High School offers a quality educational program for young people ages 14 - 19 who are seeking an alternative school setting with additional support to achieve success. The mission of The Bridge is to provide a safe, caring, and supportive learning environment with an emphasis on inspiring students to achieve social, emotional, and intellectual success for postsecondary pursuits and professional work opportunities.

The Bridge Alternative High School offers 4 programs.

Full-time, Mondays – Thursdays

The Full-time program for students ages 14 – 19 offers wrap-around services to ensure student success.

Features include:

- Trimester, Monday through Thursday schedule to help with credit recovery
- · Caring, dedicated, and highly qualified teachers
- Clear expectations for behaviors
- Small class sizes with differentiated instruction
- On staff social worker
- Incentives for attendance and academic achievement
- Full-time requirement to ensure original or near original track for graduation
- Part-time option for qualifying seniors in their last semester/ trimester
- Credit recovery through volunteer and work credit programs
- Sports participation through Brighton High School
- · Breakfast/lunch program with free and reduced lunch for qualifying students
- Technology integration in the curriculum
- Bus transportation to school for in-district residents
- Bell Schedule:

7:25 – 8:37 First period 8:37 – 8:50 Breakfast 8:50 – 10:02 Second period 10:07 – 11:19 Third period 11:19 – 11:45 Lunch 11:50 – 1:02 Fourth period 1:07 – 2:19 Fifth period

Enrichment Fridays

On Enrichment Fridays students will have the opportunity to receive one-on-one tutoring with their classroom teacher. In addition, we offer enrichment activities such as science labs and off campus experiences. Students behind on credits can take advantage of our on-line classes.

Brighton Area Schools requirements

In addition to the Michigan Merit Requirements, all students attending Brighton Area Schools must obtain six additional elective credits for a total of 22 credits for high school completion.





The Bridge High School

Part-time Friday courseware program

Students who have achieved senior status or students under age 20 whose class has graduated may opt to enroll in The Bridge courseware program. Other qualifying students may include teen parents, full-time workers, or other students at least 16 years of age with criteria that would allow them to achieve a high school diploma through online learning with flexible scheduling. This all on-line curriculum is offered in a lab setting on Fridays with a highly qualified teacher facilitator to provide assistance with the coursework. Attendance is required.



18 Credit Program

Students 18 and older, and whose original class has graduated qualify for the 18 credit program. This program requires that a student meet the minimum Michigan Merit Requirements.



Online program

This new online program is designed to aid in credit recovery and/ or help those students who need a flexible schedule for work or other commitments. Please call the main office for more information 810/299-4046.

- •Designed as high school continuation and/or credit recovery
- •Offered to students with junior or senior status
- •Requirements aligned to Michigan Merit Curriculum designed to help students become college and/or work ready upon graduation
- •All courses taught by Bridge teachers
- •On-site academic support
- •Regular meetings with teacher to ensure that student is on track

Qualifications for enrollment

- Must be no younger than 14 years and no older than 19 years of age by September 1.
- Must not be enrolled in any other K 12 school.
- Must provide a copy of transcripts and birth certificate at time of registration.
- Parent or legal guardian must be present at time of registration.

Enrollment procedures

To enroll in The Bridge Alternative High School, please call the school office at 810/299-4046 to schedule an appointment. Enrollment for new students by appointment. The office is located in the BECC building at 125 South Church Street in Brighton. Call for an appointment. Classes begin on Tuesday, September 3, 2024.

MICHIGAN MERIT REQUIREMENTS

All students enrolled in The Bridge Alternative High School must complete the following courses to fulfill the Michigan Merit requirements for a Michigan High School Diploma.

	Credits	
Subject	required	Courses
English	4	. See course listings
Math	4	. Algebra I, Geometry, Algebra II, and math elective
Science	3	. Biology, Chemistry or Physics, and science elective
Social Studies	3	American History, World History, Civics, Economics
Health and Physical Education .	1	. See course listings
Visual, Applied and Performing	Arts1	. See course listings
World Languages	2	. Graduate requirement



B. A. R. C. Athletics

7th/ 8th Grade Strength & Conditioning Program

BHS Weight Room September 17 – November 7 6:00 – 7:00 рм \$80 7th – 8th Grade Tuesday & Thursday

Come learn the fundamentals of strength and conditioning from the professional staff of Impact Sports Performance in the B.H.S. strength and conditioning center. The intent of this club is to introduce boys and girls in an age-appropriate fashion to the proper techniques and approaches of overall fitness and health in a manner that educates and trains regardless of sport. Daily topics include dynamic warm-ups, stretching, agility, explosiveness, balance, speed, nutrition, and proper lifting techniques. Your daughter or son will experience the Bulldogs "Brighton Strong" program in a way that will instill confidence and expose them to lifelong fitness.

1st – 6th Grade Fall Soccer League

NEW uniform Fall 2024 Deadline 8/11 – \$20 late fee after 8/11 (Open until spots are filled)

Sept 9 – Nov 2	4:00 – 5:30 рм	\$200
Monday	Hornung	1st/2nd
Tuesday	Hornung	3rd/4th
Monday	Spencer	1st/2nd
Tuesday	Spencer	3rd/4th
Wednesday	Maltby	5th/6th (starts 3:30 рм)
Wednesday	Hawkins	3rd/4th
Thursday	Hawkins	1st/2nd
Friday	Hilton	1st/2nd
Friday	Hilton	3rd/4th
Games on Satur	day:	

9/21, 9/28, 10/5, 10/12, 10/19, 10/26, 11/2

JK/ Kindergarten Fall Soccer League

NEW uniform Fall 2024 Deadline 8/11 – \$20 late fee after 8/11 (Open until spots are filled) Sept 21 – Nov 2 8:30 AM \$90/\$100 REGISTER BY SCHOOL ATTENDING JK/K 30 min practice / 30 min game Practices/Games on Saturday: 9/21, 9/28, 10/5, 10/12, 10/19, 10/26, 11/2

3rd – 6th Grade Fall Volleyball

NEW uniform Fall 2024 Deadline 9/24 After 9/24 - \$20 late fee (Open until spots are filled)

Oct 21 – Dec 14 4:00 – 5:30 рм \$190

Monday	Spencer	3rd/4th		
Tuesday Only	Maltby	5th/6th (3:30 - 5:30 рм)		
Wednesday	Hornung	3rd/4th		
Wednesday	Hilton	3rd/4th		
Thursday Only	Maltby	5th/6th (3:30 - 5:30 рм)		
Thursday	Hawkins	3rd/4th		
Games on Sature	days (Double Hea	ders):		
11/16, 11/23, 12,	/7, and 12/14			
No Games on 11	/30			
No Practice the week of Thanksgiving (11/25 - 11/29)				



NFL Flag Football

Games played at the Brighton Indoor Practice Facility. Proctices held at Maltby Middle School. Session 1: Nov 3 – Dec 15 Sunday

Session 2: Jan 12 – Feb 23 Sunday Register at www.MichiganYouthFlad Football.com

5th – 6th Grade Run/Cross-Country Club



Deadline 8/30 Sept 9 – Oct 21 Monday & Wednesday 3:30 – 5:15 PM \$125



B. A. R. C. Athletics

1st – 6th Grade Basketball

NEW Uniform Deadline 11/19 After 11/19 – \$20 late fee (Open until spots are filled)

Jan 7 – Mar 8	4:00 – 5:30 рм	\$200		
Tuesday	Hornung	1st/2nd		
Tuesday	Hornung	3rd/4th		
Tuesday	Spencer	1st/2nd		
Tuesday	Spencer	3rd/4th		
Wednesday	Maltby	5th/6th (3:30 - 5:30 рм)		
Wednesday	Hilton	1st/2nd		
Thursday	Hawkins	1st/2nd		
Friday	Hawkins	3rd/4th		
Friday	Hilton	3rd/4th		
Games on Saturdays:				
1/18, 1/25, 2/1, 2	2/8, 2/15, 2/22, 3/	/1, 3/8		

JK/ Kindergarten Basketball

Deadline 11/19 After 11/19 – \$20 late fee (Open until spots are filled) Jan 18 – Mar 8 8:30 AM \$100 REGISTER BY SCHOOL ATTENDING JK/K 30 min practice / 30 min game Games on Saturdays: 1/18, 1/25, 2/1, 2/8, 2/15, 2/22, 3/1, 3/8

Michigan Youth Jr Basketball

Leagues

Deadline 8/26 September 29 – November 17 Kindergarten – 8th grade \$130 Sunday

Register at www. michiganyouthbasketball.com



Boys Travel Basketball Tryouts

Oct 27 & Nov 3	4th – 6th Grade	Sun
6:00 – 8:30 рм	BHS Fieldhouse	Free
Dec 1 & 8	7th – 8th Grade	Sun
6:00 – 8:30 рм	Scranton Middle School	Free

Boys Travel Basketball League

November 4 – March 14	Var
6:00 – 8:00 рм	4th
November 4 – March 14	Var
6:00 – 8:00 рм	5 <i>th</i>
November 4 – March 14	Var
6:00 – 8:00 рм	6th
December 9 – March 14	Var
6:00 – 8:00 рм	7th
December 9 – March 14	Var
6:00 – 8:00 рм	8th

Varies 4th Grade \$400 Varies 5th Grade \$450 Varies 6th Grade \$450 Varies 7th Grade \$400 Varies 8th Grade \$400



Girls Travel Basketball Tryouts

Sept 22 & Sept 29	3rd – 4th Grade	Sun
6:00 - 8:00 рм	Maltby	Free

Girls Travel Basketball League

November 4 – March 14 3rd – 4th Grade \$475 6:00 – 8:00 рм Maltby

Birthday parties!

Rent the Miller gym for your child's next birthday party. We'll do the set-up and clean-up for you! Fee includes two hour party, three bounce houses and tables and chairs set up for your guests. For more information, or to book your party, contact Jodie at valentij@brightonk12.com.



B. A. R. C. Athletics



BARC Pups Soccer

This is a class to work one on one with your child on the very basic soccer skills. We will introduce dribbling, passing and shooting. We will also do lots of interactive games and activities to keep your little ones entertained which will hopefully have them fall in love with soccer! A parent is required to be present and active during class. REAL SOCCER GAMES ARE NOT PLAYED this is

JUST a BEGINNER SKILLS CAMP!

6 Sessions at the Indoor Practice Facility

Toddlers: 1-3 yea	ars Cost: \$45	/ Child
Thursday	Sept 19 – Oct 24	5:00 – 5:45 рм
Saturday	Sept 21 – Oct 26	9:45 – 10:30 ам
Preschool: 4-5 ye	ears Cost: \$65	/ Child
Thursday	Sept 19 – Oct 24	6:00 – 6:45 рм
Saturday	Sept 21 – Oct 26	0.00 0.17

BARC Pups Music and Movement



Let's get those wiggles and giggles out together by joining our mommy and me music and movement class! In this class we will be keeping your little one busy by dancing to interactive songs, participating in obstacle courses, and even learning some basic tumbling moves! It's a great class to tire your little one out before nap! A parent is required to be present and active during class. *6 Sessions at the Indoor Practice Facility*

Toddlers: 1-3 years Wednesday Preschool: 4-5 years Wednesday Cost: \$45/ Child Cost: \$65/ Child Wednesday Sept 11 – Oct 16 11:15 AM – 12:00 PM

BARC Pups T-BALL CLINIC

This clinic is to teach your child the basic skills needed to play T-ball. At this clinic your child will learn how to throw a ball, catch a ball, roll the ball on the ground, and hit the ball off a tee. We do not play actual t-ball games; however, we will have fun, engaging stations for the children to rotate through while learning all of the necessary skills needed to play. A parent is required to be present and active during class.

6 Sessions at the Brighton Indoor Practice Facility



Toddlers: 1-3 years 10:00 – 10:45 AM \$45/ Child Preschool: 4-5 years 11:15 AM – 12:00 PM \$65/ Child Friday Nov 8 – Dec 20 No Class 11/29

BARC Pups Stroller Walking/ Yoga and Baby Combo Class

Mamas with little ones under one, this is the perfect class for you! Our combo class starts out by stroller walking for 30 minutes which is a great way to get warmed up and mingle with other mamas. After we will do some stretching and get right into a beginner yoga class for 30 minutes which gives you the perfect opportunity to bond with your baby while moving your body! These poses are safe for you and your baby but will help rebuild your strength in your pelvic floor/abdomen. **Must bring your own Yoga Mat and Stroller/Carrier*

Mama and Baby Under 1: \$50 6 Sessions at the Brighton Indoor Practice Facility Friday Sept 20 – Oct 25 10:00 – 11:00 AM

BARC Pups Basketball Clinic

This clinic is to introduce your child(ren) to basketball. During this clinic the instructor will set up stations for players to rotate thru. At these stations the children will be learning how to dribble, pass, shoot and defend. A parent is required to be present and active during class.



Scranton Middle School - Cafeteria Preschoolers: 3-5 years Cost: \$65/ Child Saturday Jan 18 – Mar 1 8:30 – 9:15 AM



B. A. R. C. Athletics

SKYHAWK SPORTS ACADEMY

"Teaching Life Skills through Sports" Please register at www.skyhawks.com

MultiSport Tots 3-5 years

Give your little superstar an awesome first step into sports with Multi-SportTots ! This class uses age-appropriate games and activities across multiple sports to explore balance, hand/eye coordination, fitness, sport skills and child development. Parent participation required for ages 3-5 years.

 Sundays
 10:00 – 10:45 AM
 \$100

 Session 1:
 Sept 15 – Oct 20
 \$20

 Session 2:
 Nov 3 – Dec 8
 \$100

Beginning Lacrosse 6-9 years

Suit up and find out why lacrosse is one of the fastestgrowing sports in the country. Lacrosse combines the basic skills used in soccer, basketball and hockey into one fast-paced, high-scoring game. Athletes will learn all the fundamentals of stick handling, cradling, passing, and shooting in a fun, non-checking environment.

Sundays 11:00 AM – 12:00 PM \$119 Session 1: Sept 15 – Oct 20 Session 2: Nov 3 – Dec 8

Hoopster Tots 3-5 years

Learning basketball has never been more fun! These classes focus on dribbling, shot technique, passing and teamwork. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge.

Mondays 5:30 – 6:15 PM Session 1: Sept 16 – Oct 21 Session 2: Nov 4 – Dec 9 \$100

Beginning Basketball 5-8 years

This fun, skill-intensive program is designed for beginning players. A 6-week session of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Our basketball staff will also focus on respect, teamwork and responsibility. Participants should bring appropriate clothing, two snacks, and water bottle. *Mondays* 6:30 - 7:30 PM \$119

 Mondays
 6:30 – 7:30

 Session 1:
 Sept 16 – Oct 21

 Session 2:
 Nov 4 – Dec 9



Mini Hawk (Basketball/ Soccer/ Flag Football) 5-7 years

This multi-sport program was developed to give children a positive first step into athletics. Flag football, basketball and soccer are taught in a safe, structured environment filled with encouragement and fun. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace.

Wednesdays 5:30 – 6:20 PM \$115 Session 1: Sept 18 – Oct 23 Session 2: Nov 6 – Dec 11

Multi Sport (Basketball/ Soccer/ Flag Football) 8-12 years

Our multi-sport camp is designed to introduce athletes to a variety of different sports in one setting. For this program we combine Basketball, Soccer, and Flag Football into six fun-filled weeks. Athletes will learn the rules and essential skills of each sport along with vital life lessons such as respect and teamwork.

Wednesdays 6:30 – 7:30 PM \$119 Session 1: Sept 18 – Oct 23 Session 2: Nov 6 – Dec 11

Beginning Golf

Students will learn the fundamentals of swinging, putting, and body positioning. Skyhawks has adopted the SNAG (Starting New At Golf) system as its curriculum. SNAG, developed by the PGA, is specifically designed for the entry-level player; SNAG simplifies instruction so that young players can make an easy and effective transition onto the golf course. All equipment provided.

Fridays	Sept 20 – Oct 25	
5-8 years	5:00 — 6:00 рм	\$119
9-12 years	6:15 – 7:15 рм	\$119
Fridays	Nov 8 – Dec 13	
5-8 years	5:00 – 6:00 рм	\$119
9-12 years	6:15 – 7:15 рм	\$119



Tot Spot Childcare Center

Registration information for our 2025-2026 school year will be in our winter brochure.

Tot Spot Preschool

Our Preschool Enrichment Program is for three and four year old children. Each class is taught by a qualified, experienced teacher and an assistant. We currently have no openings in our preschool classes. Call to be put on our waitlist.

Students enrolled in the 3 year old classes must have turned three no later than October 1, 2024 and must be potty trained. To be in the 4 year old classes, children must be 4 by December 1, 2024. Children may attend two or three days a week.

Universal 4 Year old Preschool

This program is for children who are 4 years old by December 1, 2024 and attend 4 or 5 days per week. Contact Tot Spot for more information at 810/ 299-3819.



Infant/ Toddler Program

Tot Spot provides care for infants and toddlers ages six weeks through two years of age. We have low child to teacher ratios. The children experience a wide range of developmentally appropriate socialization and learning opportunities while being nurtured in a safe and loving environment.

Tot Spot is open 7AM - 6PM. The infant/toddler rooms require a 3 full day minimum, with flexible weekly scheduling and reasonable/competitive rates.

School Age Care

School age childcare, called *Friendship Centers*, will be offered at all Brighton elementary schools, Junior Kindergarten through fourth grade. Care will also be offered at The Bullpup Club at Maltby Intermediate School for fifth and sixth graders. Children engage in a variety of activies including board games, do homework or crafts, play outside, play air hockey and foosball and listen to music.

The centers are open from 7 – 9AM and from 3:30 – 6PM and are open on most no-school days. Friendship Centers have \$39/ week minimum. Bullpup Club has a \$13/ week minimum. Call for more information - 810/299-3819.

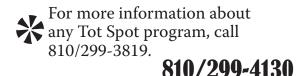


Childcare/ Preschool Program

Tot Spot provides a developmentally appropriate childcare program for three year old children. The day includes social, emotional, physical, cognitive and language developmental activities as well as lunch and rest time. Each class is taught by an experienced, educated team consisting of a lead teacher and qualified staff.

The Center is open 7AM – 6РМ. Tot Spot offers reasonable rates, flexible scheduling and low teacher-to-child ratios.

The childcare programs are open year around, closing a few times during the year. Calendars will be passed out at orientation.



Special Events

ALL EVENT SALES ARE FINAL...

REFUNDS ARE NOT AVAILABLE PER OUR EVENT REFUND POLICY.



SAVE THE DATE(S)... 2025 Annual Sweetheart Dances It's going to be "Out of this World"!

Mother & Son Dance Daddy & Daughter Dance If you are interested in being *Friday, February 28 Saturday, March 1* dance sponsor, please cor

If you are interested in being a dance sponsor, please contact Jodie at valentij@brightonk12.com for more information!

Nutcracker Tea Party

November 22 *Friday* 6:00 – 8:00 PM *Miller* – *Senior Center* \$20/ person Do you dream of sugar plum fairies? Then join us for a magical evening at the Nutcracker Tea Party. Come dressed in your best tea party attire and be ready to swirl and twirl. Enjoy tea, lemonade, crumpets and sweet treats while immersing yourself into the world of the Nutcracker Ballet. Meet real life Nutcracker ballet dancers and get a sneak peak performance from the Academy of Dance. Pre-Registration is required! Space is limited!





Halloween Pizza & Paint

October 18 Friday 6:30 – 8:30 рм Miller – Café \$35/ person

Christmas/Winter Pizza & Paint

December 13 Friday 6:30 – 8:30 PM *Miller* – *Café* \$35/ person (Grades K-6) Moms & Dads... enjoy a night out, while your kid(s) enjoy a fun filled evening sure to ignite their creativity! Each child will receive the supplies needed to create a special holiday inspired project. Participants will also enjoy time in the bounce houses and get pizza, a drink and a sweet treat! Pre-Registration is required. Space is limited!

November 15Friday6:30 – 8:30 PMMiller – Gym\$35(Grades 5-8) Parents - give your kid the ultimate Friday night out! Bring your own Nerf gun and prepare
for battle as you navigate your way around and over our giant inflatable slide and other obstacles. The
event includes pizza & drink and a sweet treat! Space is limited... Pre-Registration is required!! Drop
off your Nerf warrior to make this a parents' night out as well! Safety glasses or goggles are required!
Standard (blue/orange) Nerf bullets will be provided. Nerf Rival guns & balls are NOT ALLOWED!

FALL BINGO SERIES:

Halloweer	า			
October 18	Friday	6:00 – 9:00 рм	Miller – Senior Center	\$20/ person
Turkey				
November 15	Friday	6:00 – 9:00 рм	Miller – Senior Center	\$20/ person
Ugly Swea	ater			
December 13	Friday	6:00 – 9:00 рм	Miller – Senior Center	\$20/ person
(Ages 18+) Join	us for an evening	of Bingo and fun! We wil	l play 10 different games ji	ncluding: traditio

(Ages 18+) Join us for an evening of Bingo and fun! We will play 10 different games including: traditional, 4 corners, coverall and more! There will be prizes and awards for the winners and even a few for the non-winners. Space is LIMITED and pre-registration is required! We will NOT be selling tickets at the door. All sales are final per our event refund policy. No outside food or drink is allowed... Concessions are available for purchase.

Youth Arts & Creativity

Baby Ballet and Jazz

Sept 24 – Oct 29 Tuesday Nov 12 – Jan 7 Tuesday NO CLASS: 11/26, 12/24, 12/31 5:00 – 5:30 рм BECC – Cafeteria \$145 5:00 – 5:30 рм BECC – Cafeteria \$145

(Ages 2.5-3) Introduce your child to the world of dance.... where dreams of movement and music come true! Through beginning ballet and jazz your child will develop basic motor skills, gain coordination and flexibility, and learn how to interact in a structured environment. Please wear ballet or tennis shoes. *Taught by The Studio*.

Jazz/Hip-Hop/Lyrical

Sept 24 – Oct 29	Tuesday	5:30 – 6:15 рм	BECC – Cafeteria	\$145
Nov 12 – Jan 7	Tuesday	5:30 – 6:15 рм	BECC – Cafeteria	\$145
NO CLASS: 11/26, 12/24	4, 12/31			



(Ages 4-6) The excitement is endless as we explore upbeat lessons in hip-hop, jazz and ballet! By participating in this imaginative and fun environment, your young dancer will develop valuable skills in the areas of coordination, memory, balance, and strength. Please wear tennis or jazz shoes and bring ballet shoes and a water bottle along. *Taught by The Studio*.

Hip Hop & Pom Pon!

Sept 24 – Oct 29	Tueday	6:15 – 7:00 рм	BECC – Cafeteria	\$145
Nov 12 – Jan 7	Tuesday	6:15 — 7:00 рм	BECC – Cafeteria	\$145
NO CLASS: 11/26, 12/24	ł, 12/31			

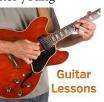
(Ages 7-12) It's hip, it's happenin' – it's NOW! This class is full of powerful energy! Get ready to master a variety of steps and combinations in both Pom Pon and Hip Hop. Please wear comfortable clothing. Poms provided, or bring your own.

BUZZTOP STUDIOS MUSIC SCHOOL

Lessons are ½ hour for 6 weeks and available Monday – Friday at Buzztop Studios Music School (9683 Kress Rd, Lakeland, MI) between 10:00am-8:00pm. Instructor will contact student to schedule lesson dates & time slot after registration. Class will be held virtually if necessary. Motivated students can opt in to perform with other young musicians in our LIVE Rock Band Classes.

Guitar & Bass Lessons - One-on-One

Sep 9 – Oct 18	Varies	10:00 ам – 8:00 рм	**Buzztop Studios	\$169
Oct 21 – Dec 6	Varies	10:00 ам – 8:00 рм	**Buzztop Studios	\$169
NO CLASS: 11/25 - 11/	29			



Professional instruction for all levels, beginners to advanced. Acoustic, Electric & Bass. Beginner students learn to play songs on their fires lesson! Advanced players learn music theory, scales, chords and technique. Instructor will contact student to schedule lesson time slot after registration. *Class will be held virtually if necessary.*

Beginning Drum Lessons – One-on-One

Sep 9 – Oct 18	Varies	10:00 ам – 8:00 рм	**Buzztop Studios	\$169
Oct 21 – Dec 6	Varies	10:00 ам – 8:00 рм	**Buzztop Studios	\$169
NO CLASS: 11/25 – 1	11/29			

Designed to get beginning students playing music in their first lesson! Learn basic rock and pop beats, popular songs, how to read music and drum specific techniques. Have fun!! Instructor will contact student to schedule lesson time slot after registration. *Class will be held virtually if necessary.*

Advanced Watercolor Techniques with Kidcreate Studio

Oct 2 – 23 Wednesday 4:15 – 5:15 рм Maltby – Steam Lab \$100

(Ages 9-14) Take your watercolor painting skills to new heights with our thrilling advanced art class! Dive into the world of watercolors and uncover exciting techniques that will truly elevate your artwork. This class is tailor-made for students who are ready to take their skills to the next level. As you explore different watercolor techniques, you'll have the opportunity to create breathtaking misty mountain landscapes, and a garden of mushrooms, and even unleash your inner creativity with whimsical doodle flowers ***Students stay after school for this class and will meet the instructor**

creativity with whimsical doodle flowers. *Students stay after school for this class and will meet the instructor



in the office. Taught by Kidcreate Studio

810/299-4130

Youth Arts & Creativity It, and Sculpt 190 5:20 pt Programs

Let's Draw, Paint, and Sculpt

Oct 1 – 22	Tuesday	4:30 -	5:30 рм
	Hawkins – Art R	Room	\$100
Oct 4 – Nov 1	Friday	4:30 -	5:30 рм
	Hilton – Art Roc	om	\$100

NO CLASS: Oct 18

(Ages 5-12) You asked for it, so here it is—a class with all that art has to offer and more! Your child will love experimenting with many different materials while learning lots of new techniques. We'll learn to draw a wacky llama, and we'll sculpt and paint a box full of delicious-looking donuts. We'll even create one of our most popular projects—a snow globe! Parents, you'll need to make space on the fridge and the mantle for these amazing works of art! ***Students stay after school for this class and will meet the instructor in the office.** *Taught by Kidcreate Studio.*

Personalize it!

Nov 13 – Dec 11

Wednesday 4:15 – 5:15 PM Maltby – Steam Lab \$100

NO CLASS: Nov 27

(Ages 9-14) Come along on a personal journey of creativity! This workshop is all about YOU, teens and tweens. Get ready to dive into the magical world of monograms and let your imagination run wild. Get hands-on and enjoy making your very own monogrammed zipper bag and fabulous yarn wrapped wall decor. Express yourself with pride and style by decorating them with YOUR initials. ***Students stay after school for this class and will meet the instructor in the office.** *Taught by Kidcreate Studio.*

Scent-Sational Art

Νον	12 – Dec 10	
Nov	8 – Dec 13	

 Tuesday
 4:30 - 5:30 PM

 Hawkins - Art Room
 \$125

 Friday
 4:30 - 5:30 PM

 Hilton - Art Room
 \$125

NO CLASS: Nov 29

(Ages 5-12) Come for the pretty pineapple printmaking, but stay for the sweet citrus scent! In this class, we'll draw, paint, sculpt and more, but we'll do it all with a very special twist- these SCENT-SATIONAL works of art all smell as sweet as they look! Come learn the secret ingredients for sweet-smelling artwork as we create cute pointillism cupcakes, a field of tulips, and more. Yes, you read it all right- this class is full of scratch and sniff artwork that smells as sweet as it looks! ***Students stay after school for this class and will meet the instructor in the office.** *Taught by Kidcreate Studio.*

BrightonCommunityEd.com

Foam, Slime & Potions

	0
Hawkins – Art Room \$10	0
Oct 3 – 24 Thursday 4:30 – 5:30 I	PM
Hilton – Art Room \$10	00

NO CLASS: Oct 14

(Ages 5-12) Step into a world of captivating experiments and mind-blowing discoveries! Our hands-on class will immerse your child into the enchanting realm of foam, slime, and potions, as we unravel the secrets of science. Prepare to concoct elixirs that magically change color, create your own bouncy balls, and whip up some homemade PopRocks that fizz in your mouth. Each experiment combines the perfect blend of creativity and scientific exploration. And while having a blast, you'll uncover a wealth of scientific facts and theories, transforming learning into a bubbling cauldron of pure excitement! ***Students stay after school for this class and will meet the instructor in the office.** *Taught by Kidcreate Studio.*

LED's, Circuits & Conductivity

<i>Nov 4 – Dec 9</i>	Monday	4:30 – 5:30 рм
Hawkin	ns – Art Room	\$125
<i>Nov 7 – Dec 12</i>	Thursday	4:30 – 5:30 рм
Hilton	– Art Room	\$125
NO CLASS: Not	v 28, Dec 2	

(Ages 5-12) Spark up curiosity in our illuminating science class! Dive into the world of circuits, conductivity, and LEDs as young scientists embark on a journey of discovery. In this electrifying class, kids will craft their own light-up greeting cards and fireflies as they bringing their creations to life with the magic of LEDs. Explore the captivating realm of electromagnets, learning the principles that power many everyday devices, and conduct hands-on experiments to unravel the mysteries of magnetism. ***Students stay after school for this class and will meet the instructor in the office.** *Taught by Kidcreate Studio.*

NASA with Mad Science of Detroit

Sep 18 – Oct 9 Wednesday 4:30 – 5:30 PM Hornung – Media Center \$147 NASA and Mad Science collaborate to educate the next generation. Children go on a voyage of discovery to Space with unique hands-on activities and amazing demonstrations.***Students stay after school for this class** and will meet the instructor in the office.

Taught by Mad Science.

Youth Health & Wellness

Certified Babysitter Safety/CPR/First Aid and Safe Home Alone

October 6 Sundav 9:00 АМ – 3:00 РМ

Hawkins – Cafeteria \$80

(Ages 9-17) Learn to be safe and responsible. Build confidence. Have a competitive edge over other babysitters. One-day class. Topics include: First aid, when and how to call 911, CPR with manikin practice (in-person class ONLY), choking, dealing with difficult behaviors, basic care methods like feeding and diapering, marketing and much more! Students who successfully complete the course requirements are certified in Babysitter Safety, CPR and First Aid. Students will also learn how to be safe and responsible when home alone, including what to do if somebody comes to the door and the importance of not giving out personal information. Students need a lunch, snacks and a cell phone (if they own one). Taught by Live Safe Academy. Class will be held virtually if necessary.

Certified Pet Sitter/CPR/First Aid

October 6 Sundav 3:00 – 4:00 рм Hawkins – Cafeteria (Ages 9-17) Kids, would you like to learn pet first aid? Increase your competitive edge by being more valuable to families with pets and kids. Increase your market by being certified to watch pets or kids. Learn to care for the pets in your own family. Have fun and help keep animals safe. This is an add-on class for students in the Babysitter Safety course. Parents, students will need additional snacks and a stuffed animal with realistic features to practice skills. **MUST be enrolled in Babysitter Safety to attend this class** Taught by Live Safe Academy. Class will be held virtually if necessary.

Self Defense for Children

October 21 Miller – Room I Monday 5:00 - 6:00 рм \$25 (Ages 6-11) If someone wants to hurt our children, they won't choose a time or a place with witnesses. That means no



parents, no teachers, no policemen, just our children and the predator.

\$20

The safety of our children will depend on their ability to recognize a threat and respond effectively. These fun, interactive and age appropriate workshops teach essential, lifesaving information about the threats facing our children, strategies for prevention and real world techniques designed to reduce their risk of abductions, assaults and other forms of violence. But most of all, these programs teach students that they have the right to be safe, that no one has the right to hurt them and that their life is worth protecting.

Taught by Live Safe Academy. Class will be held virtually if necessary.

Don't be disappointed... Most classes require a minimum number of students to run. Sign up early as classes will be cancelled if enrollment is not sufficient.



GIFT CERTIFICATES

Consider purchasing gift certificates from Brighton Community Education to use toward enrichment classes, BCPA tickets, Senior Center travel and more! Call our office at 810/299-4130 to inquire about purchasing a gift certificate today!



Youth Physical Fitness

Cheerleading – Champion Force

Sept 11 – Jan 22 Wednesday Miller – Gym NO CLASS: 11/27, 12/25, 1/1 Division 1 (Ages 4 – 6) 6:15 – 7:00 pm \$175* Division 2 (Ages 7 – 8) 7:15 – 8:00 pm \$175* Division 3 (Ages 9+) 8:15 – 9:00 pm \$175*

Please contact the coach for more info on the advanced teams. Champion Force Athletics is a fun and exciting program for students ages 4-15 with or without previous experience. Students will learn jumps, kicks, arm motions, stunting, cheers and chants and learn a pom dance routine. Students will learn the necessary skills needed for school cheerleading tryouts. Our program works



to build self-confidence, poise, self-esteem and physical fitness. Optional events may be offered. Optional merchandise may be purchased through the Coach at class. *A \$15 late fee will be added if not registered and paid by the first practice!

6:15 – 7:00 рм

6:15 – 7:00 рм

6:30 – 7:30 рм

6:30 – 7:30 рм

Karate for Kids

 Sept 26 – Nov 11
 Thurdsay

 Nov 14 – Jan 9
 Thursday

 NO CLASS: 10/31, 11/28, 12/26, 1/2

Set in a fun and energetic environment, this program will train your child with proven, age-appropriate techniques that are crucial for them to stay protected from both strangers and bullies. Our personable instructors encourage positive attitudes vs. perfection. *Taught by Master-Sensei Kevin Vennard, 5th Degree Black Belt, with 30+ years training and experience.*



Karate for Families

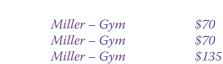
Sept 26 – Nov 11	Thursday	7:00 – 8:00 рм
Nov 14 – Jan 9	Thursday	7:00 – 8:00 рм
NO CLASS: 10/31, 11/28,	12/26, 1/2	

Hawkins – Cafeteria Hawkins – Cafeteria \$173** \$173**

(Ages 5+) Set in a fun, non-competitive atmosphere, this program allows children and parents to learn together. Physical techniques will be instructed along with drills and exercises, to help you have a positive experience with your self-defense education. *Taught by Master-Sensei Kevin Vennard, 5th Degree Black Belt, with 30+ years training and experience.* **Fee is per family

Tae Kwon Do

Sept 17 – Dec 17 Sept 19 – Dec 19 Sept 17 – Dec 19 Tuesday Thursday Tues & Thurs





BrightonCommunityEd.com

6:30 – 7:30 рм Miller – NO CLASS: 11/5, 11/28

(Ages 7+) Ultimate self-defense, mental discipline, and physical fitness is taught by three full time instructors. Uniform will be discussed the first night and can be purchased from the instructor for approximately \$40.00. *Taught by Brian Muench, BCYU Martial Arts, 5 th Degree Black Belt Instructor.* Instructing Martial Arts, Law Enforcement and Personal Security World Wide for over 35 years. Instructing Tae Kwon Do and Hap Ki Do for 33 years.

New Instructors wanted! If you have a unique skill set or talent and are interested in teaching, we would love to meet with you. E-mail Jodie Valenti at valentij@brightonk12.com

Facilities

Room Reservations

Room reservations are now available online. Our facilities can be rented at an hourly rate, additional charges may apply to certain spaces. All rates are listed on *Brightonk12.com, click on Request to Use a Facility under Community Education & Recreation.*

To check a date or room availability:

- 1. Go to https://brightonk12.ce.eleyo.com/
- 2. Sign In or Create an account

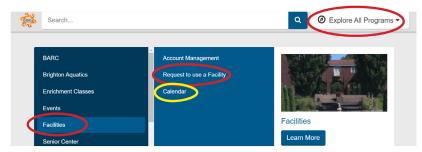


- Click on *Explore All Programs* & then click on *Faculties* Click on *Calendar* to see if your date, time, and location are available.
- 4. Click on *Calendar* to see if your date, time, and location a

Submitting a Request:

- 1. Go to <u>https://brightonk12.ce.eleyo.com/</u>
- 2. Click *Explore All Programs* and then click *Facilities*.

Check availability on the Calendar before submitting a Request.



- 3. Click *Request to use a Facility.*
- 4. Click on **Your Account** (you will need to create an account if you do not have one. Please click **Create Account**, then click on **Create a Personal Facility Account**).
- 5. Click *Create a New Facility Request*.
- 6. Follow the prompts.

All facility requests MUST be submitted 2 weeks prior to the date requested or they will be denied. All conflicts will be denied so check availability on the calendar before you submit your request. For questions, contact Juanita at (810)299-4138 or email at johnsoj@brightonk12.com.

Birthday parties!

Rent the Miller gym for your child's next birthday party. We'll do the set-up and clean-up for you! Fee includes two hour party, three bounce houses and tables and chairs set up for your guests. For more information, or to book your party, contact Jodie at valentij@brightonk12.com.



810/299-4130

16

Adult - Arts & Creativity

\$74

Instant Piano for Hopelessly Busy People Nov 2

Saturdav

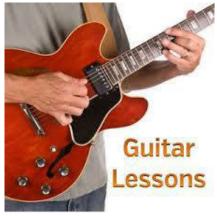
9:00 AM - Noon **ONLINE*

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play the piano the way professionals do... using chords. This class allows you to learn with your piano or keyboard in the comfort of your own home. Class includes an online book and follow up video lessons, for you to continue your practice and study on your own. An optional online question and answer session is also included. The course is partly lecture/demonstration and partly hands on instruction. Taught by Craig Coffman.

Instant Guitar for Hopelessly Busy People

1:00 – 3:30 рм **ONLINE** Saturday

Nov 2 \$74 (Ages 13+) Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Since this class is being held online with ZOOM, you will be able to sit at home with your guitar and take this class without any pressure at all. And since the class includes an online book and online follow-up video lessons, you will be able to continue your practice and study on your own. Taught by Craig Coffman.





Photography 101 & The Art of Seeing

\$35

Sep 23 Monday Miller – Room J \$80 Nov 18 Monday Miller – Room I \$80

6:00 – 9:00 рм

6:00 – 9:00 рм

(Ages 14+) Go from simply taking pictures to "Creating Photographs". Learn about image composition, depth-of-field, f-Stops, shutter speed and more. Mr. Wesley will discuss and demonstrate principles of photography through viewing of images from his personal collection.

Over his 48 year photography career Mr. Wesley has taught at the Professional Photographers of America, Winona School and Kodak Education Center. Taught by James Wesley.

Voice Overs... Now is Your Time!

Sep 17

Tuesday 6:30 – 8:30 рм

In what could be the most enlightening webinar you've ever taken, our instructor and professional voice coach will show you how you can begin using your speaking voice for commercials, films, videos, and more! Taught by Such A Voice, LLC.

Intro to Watercolor Painting 7:00 – 9:00 рм

Sep 12 – Oct 3 Thursday Oct 17 – Nov 7 Thursday

7:00 – 9:00 рм

Miller – Cafe \$105* *Miller – Cafe* \$105*

ONLINE

Come learn basic techniques in watercolor painting to create cards or paintings for friends and family. No experience required! Very fun and relaxing. *\$30 materials fee due to instructor at first class. Taught by Cathleen Burton.

Watercolor Cards

Sep 12 – Oct 3 Thursday Oct 17 – Nov 7 Thursday

9:30 – 11:30 ам 9:30 – 11:30 ам

Senior Center – Art Room Senior Center – Art Room \$105* \$105*

Come learn basic techniques in watercolor painting to create cards or paintings for friends and family. No experience required! Very fun and relaxing. *\$30 materials fee due to instructor at first class. Taught by Cathleen Burton.

Adult - Arts & Creativity



Show Me the Monet: Water Lilies!

September 9 Monday 11:00 AM – 2:00 PM Senior Center – Art Room \$89

Senior Center – Art Room \$89 ALL supplies are included, so you can tap-in to your hidden Impressionist and create your own Monet-inspired Water Lily painting! We'll use ACRYLICS to make your artwork unique with tips, techniques, and introductory color theory. Included Materials: complete acrylic kit with paints, canvas, paintbrushes, palette, etc., and

Mixed-Media Art Journals

September 18 Wednesday 6:00 – 8:00 рм Senior Center – Art Room \$72

Here's an invitation to discover the joy of creating just for the sake of creating! ART JOURNALING lets you express yourself through a combination of words, colors, and art. You'll get to experiment in your new journal (included!) with art materials, mediums, and styles. We will also explore tools, techniques, and many types of journal formats (travel, junk, bullet, ideas, dream, etc.) Included Materials: bound journal notebook, pen, marker set, paper and collage materials, hand-outs, prompts *Taught by Linda M. Polo*.

hand-outs. Taught by Linda M. Polo.

Mixed-Media Collage - Landscapes

September 23 Monday 11:00 AM – 2:00 PM Senior Center – Art Room \$89

Here's an invitation to discover the joy of creating just for the sake of creating! ART JOURNALING lets you express yourself through a combination of words, colors, and art. You'll get to experiment in your new journal (included!) with art materials, mediums, and styles. We will also explore tools, techniques, and many types of journal formats (travel, junk, bullet, ideas, dream, etc.) Included Materials: bound journal notebook, fine-point pen, marker set, paper and collage materials, hand-outs, prompts. *Taught by Linda M. Polo.*



Autumn Landscape

October 7 Monday 11:00 AM – 2:00 PM Senior Center – Art Room \$89

Learn how to paint with ACRYLICS! All supplies are included so, by the end of the class, you will take home an original painting in the colors of an exquisite fall afternoon in Michigan. We'll explore tips, techniques, and introductory color theory to make your artwork unique. Materials Included: complete acrylic kit with paints, canvas, paintbrushes, palette, etc., and hand-outs. *Taught by Linda M. Polo.*

A Leafy Triptych



October 21 Monday Senior Center – Art Room \$89

11:00 ам – 2:00 рм

We'll use acrylics to paint, stain, and collage and create a 3-panel LEAFY TRIPTYCH! All supplies are included so you'll get to take home a unique and original work of art. We'll explore tips, techniques, and introductory color theory to make your artwork unique. Materials Included: 3 Panels, acrylic paints, paintbrushes, mixing cups, stencils, paper, collage materials, and handouts. *Taught by Linda M. Polo.*

Adult - Arts & Creativity

Faux Calligraphy + Hand Lettering

October 23 Wednesday Senior Center – Art Room 6:00 – 8:00 рм \$72

This class is full of tips and tricks on pretty (and fancy!) lettering and FAUX CALLIGRAPHY. It may look complicated, but by practicing basic strokes you can learn to write beautifully. Become familiar with different pens and materials and learn basic techniques while finishing a completed hand lettered project. Included materials: ultra-fine black sharpie, pencil, tracing paper, panel. *Taught by Linda M. Polo.*





Create Van Gogh-Inspired Art: Starry Night

November 4 Monday Senior Center – Art Room 11:00 ам – 2:00 рм \$89

We'll be inspired by Van Gogh's Starry Night and learn how to paint with ACRYLICS! The supplies are included so, by the end of the class, you will be combining elements of his impasto technique with your own bold, dramatic brush strokes. We'll explore tips, techniques, and introductory color theory to make your artwork unique. Materials Included: complete acrylic kit with paints, canvas, paintbrushes, palette, palette knife, etc., and hand-outs. *Taught by Linda M. Polo.*

Print Making with a Gel Plate

November 13 Wednesday 6:00 – 8:00 рм Senior Center – Art Room \$123

Using a GELLI PLATE, we'll create unique and beautiful artwork! There is no limit to what you can do (and the fun you'll have) when you combine a few dabs of acrylic paint with stencils, textures, etc. to produce one-of-a-kind works of art. You'll take home finished greeting cards, mono-prints and the plate and brayer! Included Materials: Gelli plate / brayer (yours to take home!) acrylic paints, stencils, texture surfaces and hand-outs. *Taught by Linda M. Polo.*

Faux Stained Glass Panel

November 18 Monday Senior Center – Art Room 11:00 ам – 2:00 рм \$72

Using inspiration from Frank Lloyd Wright and the Arts and Crafts movement, we'll create a unique faux STAINED GLASS PANEL using translucent acrylic paints. Included materials: 8 x 10 frame with glass, acrylic paints, paintbrush, mixing cups and design patterns. *Taught by Linda M. Polo.*



New Instructors wanted! If you have a unique skill set or talent and are interested in teaching, we would love to meet with you. E-mail Jodie Valenti at valentij@brightonk12.com

Don't be disappointed...

Most classes require a minimum number of students to run. Sign up early as classes will be cancelled if enrollment is not sufficient.



Dog Training

RESULTS PUPPY AND DOG TRAINING

Results-Pawformance has been offering classes in Livingston County since 1981. Instructor, Mary T. uses a common sense approach based on leadership skills, gentle hands-on obedience and your praise as the reward. As this is a hands-on class, you must be physically able to reach the floor to do the training and keep your pet from pulling you to others. All classes emphasize building a relationship with your pet! Complete class descriptions can be found at www.ResultsDogTraining.com. For ALL classes bring a copy of health records and forms from resultsdogtraining.com/registration.html



Results Puppy Class!



Sept 11 – Oct 1 Hilton – Gym First class ONLY: Tuesday \$148 Wed 9/11 6:05 – 6:50 рм

6:15 – 8:30 рм (No Dogs)

Age: Pups up to 6 months. If your pup missed doing an early puppy class due to your vet's suggestion to wait until shots were done, this may be perfect! Give your puppy a head start! Age-appropriate obedience, confidence, manners, bond building and more. On leash socializing, not a wild party! A fun class with structure! Mature pups that are recent grads (with the same trainer) that practice may be eligible to bypass the 6-week Obedience & Manners One and do the 3-week O&M Extra instead. Bring copy of health record for instructor and forms to first class. NO PUPPIES AT THE FIRST CLASS!

NEW! Results Obedience & Manners - Extra

Sept 17 – Oct 1	Tuesday	7:00 – 7:45 рм	Hilton – Gym	\$118
Nov 12 – 26	Tuesday	6:30 – 7:30 рм	Hilton – Gym	\$118

PRE-REQUISITE: Results Puppy Grads moving up or Results Obedience & Manners One Grads in need of a brush up with instructor permission. Pets attend all classes! Bring your training equipment from your last class. This covers Results O&M One #4, #5, and #6. Questions? Please call the instructor BEFORE registering at (517) 548-4536. Bring copy of health record for instructor and forms to first class.

Results Obedience & Manners - Level One

Sept 11 – Oct 16	Wednesday	6:30 – 7:30 рм	Hilton – Gym	\$222
First class ONLY:	Wed 9/11	6:15 – 8:30 рм (No Dogs)		
Oct 15 – Nov 26	Tuesday	6:30 – 7:30 рм	Hilton – Gym	\$222
First class ONLY:	Tue 10/15	6:15 – 8:30 рм (No Dogs)		
No Class: 11/5		-		

Age: Mature 6 months – 8 years. An excellent on leash structured program with respect to drives. This class uses a hands-on, praise-reward method. NO treats, toys, clickers or electronics. Lessons: Walking, sit, down, steady, off, come, stay, leave-it, figure 8s. No aggressive dogs or dogs with serious behavior issues. Bring copy of health record for instructor and forms to first class. NO DOGS AT THE FIRST CLASS!

Results Obedience & Manners - Level Two

Oct 30 – Dec 4 Wednesday 6:30 – 7:30 рм Hilton – Gym \$188 No Class: 11/27

PRE-REQUISITE: Results O&M Level One following graduation and instructor permission. Distance and training floor activity increase! Long lines for stays and comes as dogs are ready. Hand & whistle signals, park-its, and more! Five weeks with pet! Bring Health updates if any and equipment from your last class.



Dog Training

Results O&M Two Plus!

Oct 30 – Dec 4 Hilton – Gym No Class: 11/27 Wednesday \$176

6:30 – 7:30 рм

6:30 – 8:00 рм

6:30 – 8:00 рм

PRE-REQUISITE: Results O&M Level Two. More progressive practice of the O&M Two exercises. Great for pets in need of socializing, a manners 'brush up' or special time with your pet! Some classes may offer mini Rally-O courses, or AKC Beginner Novice or AKC Canine Good Citizen practice. Five weeks with pet.

Results – Pawformance Sports! Recreational Agility

Sept 9 – Oct 7 Monday Oct 28 - Nov 25 Monday

Hilton – Multi Purpose Room \$188 Hilton – Multi Purpose Room \$188

PRE-REQUISITE: Agility One is for well mannered Results O&M One graduates with instructor permission. Agility Two requires graduates from Results O&M Two, Agility One and instructor permission. This five-week class will be divided, and times will be set per training level. Fun exercise – for you and your pet! A variety of jumps and a short tunnel. Weaving with Rally style posts to allow more space and less spine twisting for larger dogs. Classes are held on carpet.



Estate Planning Basics

September 17	Tuesday	6:00 – 8:00 рм	Miller – Room J	\$10
November 12	Tuesday	6:00 – 8:00 рм	Miller – Room J	\$10
Probate, long term c	are, and tax laws a	re constantly changing. F	Find out how to prevent you	ir assets from go

going through probate, how to protect unnecessary taxation, how to retain control of your affairs, and how to protect yourself against the costs of long-term care. Discover why the SECURE Act is the most significant tax law change in the last decade and how it impacts your beneficiary's ability to inherit your retirement accounts. Taught by Estate Planning & Elder Law Services, P.C.

Protect Your Assets from the High Cost of Long-Term Care

October 8	
December 10	

Tuesday Tuesd

ииу	0.00 - 0
day	6:00 - 8
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Miller – Room J

\$10 \$10

6:00 – 8:00 рм 8:00 pm

Miller – Room J Did you know that 50% of people 65 years of older will spend some time in a nursing home and that it costs \$8,000 a

month for such care? Because neither health insurance nor Medicare covers these costs, losing one's life savings to such costs is a natural fear. This course discusses: ways to avoid the nursing home, in-home care options, payment options, long term care insurance, life insurance conversations and hybrids, Veteran's and Medicaid benefits, special needs trusts, and more. Taught by Estate Planning & Elder Law Services, P.C.

> New Instructors wanted! If you have a unique skill set or talent and *are interested in teaching, we would love* to meet with you. E-mail Jodie Valenti at valentij@brightonk12.com

Finance Classes

Passport to Retirement

November 7 - 14Thursday6:00 - 8:30 pmMiller - Senior Center\$29This is a 90-minute educational workshop that teaches Seniors details of Social Security benefits from a background of
financial planning to help them prepare for and maintain financial success in retirement. An informational handout and
in person consultation are included with tuition. Taught by M1 Capital Management.

Social Security: Your Questions Answered

September 5	Thursday	6:00 – 7:30 рм	Miller – Room J	\$10
November 6	Wednesday	6:00 – 7:30 рм	Miller – Room J	\$10

This is an educational program for people who are nearing retirement, ages 55 and up, and have questions about social security. Social Security will likely be the foundation of your retirement income. Before you retire, it's important to understand your options and the impact your decisions have. During this class we'll discuss, how Social Security fits into your retirement income plan, when you should start taking benefits, and taxes. *Taught by Mike Johnson from Edward Jones*.

A Retirement Income Primer Seminar: What Happens After the Paychecks Stop? December 4 Wednesday 6:00 – 7:30 PM Miller – Room I \$10

December 4Wednesday6:00 - 7:30 PMMiller - Room JIf you are nearing or entering retirement and are interested in a strategy designed to help build
an income stream and make your retirement income last, join us for What Happens After the
Paychecks Stop? A Retirement Income Primer. We'll explore how to budget for retirement
expenses, examine potential sources of retirement income, discuss strategies to provide for
your goals and address potential risks to retirement income such as LTC and health care costs.
Taught by Mike Johnson from Edward Jones.



Health & Wellness Classes

Mindfulness 101

September 10 Thursday

6:30 – 7:45 рм

Senior Center – Room J

\$30

Learn how to reduce stress, anxiety and depression and live with more ease and joy with mindfulness. Find out whether mindfulness is for you. *Taught by Mind Transformations LLC*.

Stand-up Comedy is Cheaper than Therapy

1110100		
Sept 17 – Oct 1	Tuesday	6:00 – 8:00 рм
Miller – Room J		\$80
<i>November 12</i> – <i>26</i>	Tuesday	6:00 – 8:00 рм
Miller – Room J		\$80

Have you ever wanted to stand up in front of a room full of people and tell jokes? It's liberating and after this 3-week course you will be able to! Week 1 - we will create your 7 minute comedy routine and choose an open MIC to attend. Week 2 - we will rehearse in front of the class. Week 3 – perform at a stand-up comedy venue. *Taught by the Wooden Bridge*.



810/299-4130

Health & Wellness Classes

Medicare 101

September 11	Wednesday	6:00 – 7:00 рм
Senior Center –	Art Room	\$10
October 2	Wednesday	6:00 – 7:00 рм
Senior Center -	Art Room	\$10
November 6	Wednesday	6:00 – 7:00 рм
Senior Center -	Art Room	\$10

An introduction to Medicare, including Advantage Plans, supplements, prescription drug plans, and all pertinent information presented in an easy-to-understand format. Taught by Sizeland Medicare of Brighton.

Medicare Changes for 2025

October 7	Monday	6:00 – 7:00 рм
Senior Center –	Art Room	\$10
November 4	Monday	6:00 – 7:00 рм
Senior Center –	Art Room	\$10
December 2	Monday	6:00 – 7:00 рм
Senior Center –	Art Room	\$10

We are expecting the biggest changes to prescription drug plans (and therefore Advantage Plans) since 2006, so come learn how it affects you and what you can do about it. Taught by Sizeland Medicare of Brighton.

Self-Defense for Women w/Assault Simulations

October 21 Monday 6:00 – 9:00 рм Miller – Senior Center \$55

(Ages 12+) Can you defend yourself against a violent attack? Learn valuable, lifesaving skills in a program designed to increase your safety after only one class! Learning is best accomplished by "doing". This scenariobased program teaches effective techniques that are easy to learn and retain under stress. Scenario-based training allows you to practice lifesaving self-defense skills full force against a padded assailant, as you would apply during a violent encounter. You will have an opportunity to practice diffusing a confrontation verbally while learning to identify when an assault is imminent. Designed to be safe, this course instills confidence by building on success. You are coached according to your own rate of progression. No previous training required. This class is a great stress reliever and lots of fun! Taught by Live Safe Academy.

Adult CPR

November 18 Monday Miller – Senior Center

6:00 – 9:30 рм \$100

Be prepared when seconds count! You might save a life, but only if you know what to do. Learn how to respond effectively to adult, child and infant cardiac and choking emergencies, sudden illness, bleeding, and other lifethreatening conditions from the American Red Cross programs that set the national standard. You will also learn how to use an Automated External Defibrillator (AED) and your vital role in the chain of survival. Adult and Pediatric First Aid/CPR/AED certification card will be issued upon successful completion of course requirements (valid for two years). Please note that you must arrive on time to be certified, so please arrive early. Taught by Live Safe Academy

Smart Driver TEK

October 3	Thursday	
Senior Center	– KIVA	
October 22	Tuesday	
Senior Center	– Room J	

10:00 – 11:30 ам \$FREE 6:30 – 8:00 рм \$FREE

Join our 90-minute interactive workshop to explore the latest high-tech safety features in modern vehicles! Whether you're looking to upgrade your current ride or shopping for a new car, we'll guide you through the essential technology to ensure you drive safely and confidently. Don't miss this opportunity to stay ahead of the curve and make informed decisions about your car's safety! Taught by AARP.

Healthcare and Your Retirement

October 2 Wednesday 6:00 – 7:30 рм Senior Center – Room J \$10 The increasing cost of health care is a growing concern for current and future retirees. Health Care and Your Retirement is an educational program that addresses what steps investors should take to prepare for health care costs to help ensure their retirement savings stay healthy. We will discuss, Medicare coverage and traditional medical expenses, long term medical expenses, and strategies for addressing out of pocket expenses.

Taught by Edward Jones.

GIFT CERTIFICATES

Consider purchasing gift certificates from Brighton Community Education to use toward enrichment classes, BCPA tickets, Senior Center travel and more! Call our office at 810/299-4130 to inquire about purchasing a gift certificate today!

Physical Fitness (50+)

MUST be a current member of the Brighton Senior Center to attend 50+ Fitness Classes.

Body Spot Silver (ages 50+)

9:00 – 10:30 AM \$99/ Year (July-June) \$45/ 2 Month Session TUESDAYS and THURSDAYS BECC – Gym ANNUAL SEPT/OCT NOV/DEC

\$5 drop-in fee, IF Space is available FALL 2024 NO CLASS Dates: 11/28, 12/24, 12/26, 12/31, 1/2

(Ages 50+) This total body workout includes: cardiovascular, floor exercises, weight training, and yoga Pilates. Students work at their own level and pace. Body Spot Silver is designed to strengthen the heart and lungs, tone and increase body strength, and improve flexibility and stability. Bring a set of hand weights and an exercise mat. *Taught by Judy McGowan.*

Tai Chi Fundamentals & QiGong (ages 50+)

 Oct 9 – Nov 13
 WEDNESDAYS

 9:00 – 10:00 AM
 or
 1:00 – 2:00 PM

 Brighton Senior Center
 \$25/6 week Session

(Ages 50+) The ancient practice of QiGong exercise enhances relaxation skills, mental focus and postural alignment while building leg strength, endurance and stability. This reduces pain and tension in the neck and back. Tai Chi Fundamentals allows a beginner to master basic Tai Chi movements that improve balance, flexibility, and strength. Research suggests that these practices improve performance, intellectual and creative endeavors, better

overall health, and well-being. This is a non-impact, moderate intensity cardiovascular exercise that can complement any health care therapy regimen. No prior knowledge of QiGong or Tai Chi is required, and no special equipment is needed. Wear comfortable clothes and footwear. *Taught by Hilary Sproule, retired physical therapist and professor.*

YOGA for Health & Wellness (ages 50+)

Brighton Senior Center – Room J (Fitness) 11:00 – 11:45 AM TUES or THURS – \$30/6-week Session BOTH – \$50/6-week Session

TUESDAYS (Traditional Chair) October 1 – November 5 November 12 – January 7 NO CLASS: 11/26, 12/24, 12/31 THURSDAYS (Chair/Mat) October 3 – November 7 November 14 – January 9 NO CLASS: 11/28, 12/26, 1/2 *TUES & THURS (Both) October 1 – November 7 November 12 – January 9 NO CLASS: 11/26, 11/28, 12/24, 12/26, 12/31, 1/2*

TUESDAYS - Join us for Yoga poses done in a chair that are appropriate for all fitness levels. Benefits include increased circulation to joints; increased muscle strength; body, heart & mind activation. No experience necessary. Wear comfortable clothing and bring your water & smile! *Taught by Diane Steeh*

THURSDAYS - Start in a chair and when ready use the chair as a prop while we transition to the mat for 15 minutes of mat yoga. This practice will help develop a greater sense of stability. Benefits include increased circulation to joints; increased muscle strength; body, heart & mind activation. No experience necessary. Wear comfortable clothing and bring your water & smile! *Taught by Diane Steeh*

Don't be disappointed... Most classes require a minimum number of students to run. Sign up early as classes will be cancelled if enrollment is not sufficient.



810/299-4130





Physical Fitness (50+)

MUST be a current member of the Brighton Senior Center to attend 50+ Fitness Classes.

Whole Brain Exercise (ages 50+)

Brighton Senior Center	\$25/6-week session	
Sept 12 – Oct 17	10:00 – 10:30 ам	,
Oct 24 – Dec 5	10:00 – 10:30 ам	,
Dec 12 – Jan 30	10:00 – 10:30 ам	
NO CLASS: 11/28, 12/20	5, 1/2	

THURSDAYS THURSDAYS **THURSDAYS**

(Ages 50+) Integrates left and right sides of the brain and body with exercise, vision, rhythm, vestibular and auditory processing to improve memory, sequencing, attention, verbal reasoning, social interaction, and quality of life. Taught by Kaylee Torok.

Balance & Strength (ages 50+)

Sept 16 – Oct 7 10:00 – 10:45 ам MONDAYS *Oct* 14 – *Nov* 4 10:00 – 10:45 ам **MONDAYS** *Nov* 11 – *Dec* 9 10:00 – 10:45 ам **MONDAYS**

Brighton Senior Center \$FREE/4-week session Brighton Senior Center \$FREE/4-week session Brighton Senior Center \$FREE/4-week session

WHOLE

BRAIN

EXERCISE

(Ages 50+) Come workout with PT Solutions physical therapists. During this 4-week class you will learn how to strength train safely and effectively in a fun and friendly environment. 30-45 min session utilizing body weight, free weights and exercise bands. Taught by PT Solutions.



ZUMBA® with Joanie

Sept 4 – *Dec* 21 Wednesdav Saturday NO CLASS: 9/21, 11/27, 11/30

Hawkins – Cafeteria 6:30 – 7:30 рм 10:00 – 11:00 ам

\$35 = 5 Class Pass \$10 = Drop In



Are you ready to party yourself into shape? Join ZumbaJoanie.com and the B-Town Booty Shakerz for 'fitness in disguise? Joanie is joined on stage by assistant instructors (AKA Fly Girlz). They help modeling modifications and various levels of intensity/impact, making this class a good fit for ALL fitness levels. ZUMBA is about feeling good and having fun.

Japanese Swordsmanship (Tamiya Ryu laijutsu)

Sept 5 – Oct 24	Thursday	7:30 – 9:00 рм	BECC – Cafeteria	\$105
Nov 7 – Dec 19	Thursday	7:30 – 9:00 рм	BECC – Cafeteria	\$68
(Age 18+) Iaijutsu is a	traditional Japane	ese sword art focused on	drawing and cutting with th	e katana while training the
body and mind. Equipment may be loaned to new students. Knee pads are recommended. Equipment costs after				
session of study apply.	. Taught by James	Russell (Gennestu) - 6th	degree, Jokyo. Class will be h	eld virtually if necessary.

Adult Karate

Sept 26 – Nov 7	Thursday	8:00 – 9:00 рм	Hawkins – Cafeteria	\$61
Nov 14 – Dec 19	Thursday	8:00 – 9:00 рм	Hawkins – Cafeteria	\$61
NO CLASS: 10/31, 11	/28			

(Ages 16+) Specifically designed to address personal-protection concerns, this program instructs a broad range of strikes, combinations, footwork, and defense tactics. Receive specialized training on how to deal with, get out of, and counter a multitude of grab and attack scenarios. Taught by Master-Sensei Kevin Vennard, 5th Degree Black Belt, with *30+ years training and experience.*

Travel

Travel Opportunities... Where can we send you in 2024/2025?

We've teamed up with Timeless Memories, Adventures and Events to bring you exciting local, domestic & international travel opportunities! Visit www.BrightonSeniorCenter.com/ travel or the travel display at the Brighton Senior Center for more information about traveling in 2024/2025! Most trips have sign-up deadlines months in advance and some fill up fast... so be sure to check early so you don't miss out!! Below is a CURRENT list of our upcoming trips. Trips are constantly being added so be sure to check the website or center's travel display for the most up-to-date information!!!



**Senior Center Membership is not required for travel. All ages are eligible, unless otherwise noted.

- For questions regarding travel please contact Barb Smith at Timeless Memories, Adventures and Events (248) 497-0291 or TimelessMemoriesAnE@gmail.com.
- To register for travel visit BrightonSeniorCenter.com/travel and click on the (some trips can be registered for by credit card on our site, others you will need to print the form and mail/drop off with a check to the Senior Center).
- You can also pick up any of the forms at the Senior Center.

2024 TRAVEL OPPORTUNITIES

Michigan Princess Riverboat Luncheon (OCT)

- Thunder Bay Elk Viewing and Gourmet Dinner/Boyne MT Skybridge (OCT)
- Shipshewana Lights of Joy/Backroads tour (NOV)
- Colorful Costa Rica (NOV)
- Washington D.C. A Capital Christmas (DEC)
- DSO Home for the Holidays Concert (DEC)

2025 TRAVEL OPPORTUNITIES

- Hawaii 3 Island Adventure (FEB 2025)
- Great Trains & Grand Conyons (APRIL 2025)
- National Parks & Canyons of the Southwest (MAY 2025)
- Iceland Explorer (MAY 2025)
- Canadian Rockies VIA Rails (JULY 2025)
- Novia Scotia & the Canadian Maritimes (SEPT 2025)
- Albuquerque Balloon Fiesta & Santa Fe (OCT 2025)

Livingston County Travel Club

TRAVEL CLUB

Brighton Senior Center \$5 Annual Fee/Household November 6 4:30 – 5:30 PM February 5 4:30 – 5:30 PM

(Ages 50+) Do you enjoy traveling? Looking for a group to travel with? Let Timeless Memories Adventures and Events take the hassle and worry out of travel planning. Join the Livingston County Travel Club and make new friends, go on fun adventures and be a part of something great! For more information or to sign up for an upcoming meeting date contact Barb Smith at (248)497-0291 or email her at

 $Timeless Memories An E@gmail.com\ or\ visit\ www.Timeless Memories An E.com.$





THANK YOU TO OUR 2023 - 2024 SPONSORS!

We'd like to send a HUGE Thank You to our generous sponsors! It takes more than ticket sales to make each Brighton Center for the Performing Arts program a success. Our sponsors' support ensures that we can continue to attract top quality entertainment and is critical to assuring that each season is special. The Brighton Center for the Performing Arts is a great regional asset, and with the continued support of our business community, it remains a first-class venue for a first-class community.



BRIGHTON CENTER Josh Holowicki, Chairperson • Robert Herbst, Vice Chairperson Barbara A. Brower • Patti Marshall-Doane • George Moses • Rick Soucy • Jane Todt • Sue Urban John Thompson, Director of Community Education • Kim Sergent, BCPA Director Diane Castillo, Programming/Marketing

BrightonPerformingArts.com

FACEBOOK.COM/BRIGHTONARTS

Brighton Senior Center



STOP BY AND CHECK US OUT, YOU MIGHT BE SURPRISED WITH WHAT YOU FIND!

There are many activities and special events happening every day at the Brighton Senior Center. Drop in and play some euchre, bingo or Mahjong. Get fit in one of our numerous exercise classes. Learn something new. Do some shopping in our boutique store. Grab a cup of coffee (or tea), sit down, relax and

make some new friends.

The Brighton Senior Center, where active aging never gets old!

Membership:

The Brighton Senior Center is open to all individuals 50 years+, in and around Livingston County. We offer socialization, educational and exciting travel opportunities, information and assistance to those that need it, life enrichment and wellness classes, transportation, volunteer opportunities and much more.

Annual Membership is July 2024-June 2025

- Three membership options are available
- Drop-in or additional fees may apply to certain classes/activities

BRIGHTON Senior Center

850 Spencer Road Brighton, MI 48116 810/299-3817 Monday – Thursday 9ам – 2рм* *Extended Hours Coming Soon!

MEMBERSHIP BENEFITS

- Special Events/ Monthly Luncheons
- Daily Lunch Service (must pre-order)
- International & Domestic Travel
- Casino & Day Trips
- Transportation Services
- Health & Wellness Clinics
- Educational Seminars
- Volunteer Opportunities
- Resource Advocate Services
- Medical Loan Closet
- Arts & Crafts Activities
- Fitness Classes for all levels
- Exercise Equipment (bikes, hand weights, etc)
- Life Enrichment Activities/Groups
- Library w/Pool Table, Darts, Puzzles & Games
- Wii Bowling League
- FREE Tax Services (FEB-APR)
- Weekly Bingo, Euchre, Mahjong and More!

CHECK OUT OUR WEBSITE AND FACEBOOK FOR MORE INFORMATION WWW.BRIGHTONSENIORCENTER.COM



Brighton Senior Center - Events



Casino Travel: 21 years or older Identification REQUIRED!

* **Incentives vary by casino, inquire at the center for the current incentives! NO REFUNDS per our travel policy. Visit www.BrightonSeniorCenter.com to read the full policy.

Soaring Eagle Casino (Mt. Pleasant, MI)

Departs Brighton Senior Center at 9AM; returns at 6PM *Thursday, September 12* \$45/member \$50/non-member

Gun Lake Casino (Wayland, MI)

Departs Brighton Senior Center at 9AM; returns at 6PM *Thursday, November 14* \$45/ member \$50/ non-member

We MUST confirm the bus 2 weeks prior to the travel date... IF we DO NOT have enough people signed up by then the trip will be cancelled so please don't wait until the last minute to register!!!

Euchre Tournaments

September 25, October 30, November 20, December 18 Wednesdays – 10:00 AM Brighton Senior Center \$7 per person at the door **Three cash prizes** 50/50 Raffle! POTLUCK LUNCH -Please bring a dish to share or pay \$10 to the potluck fund.



FALL BINGO SERIES:



Halloween

October 18 Bingo-OCT24 Friday 6:00 – 9:00 рм Miller – Senior Center \$20/ person

Turkey

November 15 Bingo-NOV24 Friday 6:00 – 9:00 рм Miller – Senior Center \$20/ person

Ugly Sweater

December 13 Bingo-DEC24 Friday 6:00 – 9:00 рм Miller – Senior Center \$20/ person

(Ages 18+) Join us for an evening of Bingo and fun! We will play 10 different games including: traditional, 4 corners, coverall and more! There will be prizes and awards for the winners and even a few for the non-winners. Space is LIMITED and pre-registration is required! We will NOT be selling tickets at the door. All sales are final per our event refund policy. No outside food or drink is allowed... Concessions are available for purchase.

Brighton Aquatics

Brighton Aquatics

We offer a swim lessons program that has been simplified with the goals of improving a swimmer's personal safety around bodies of water and to improve a swimmer's capability and proficiency to allow a swimmer to transition to the sport of competitive swimming. The program combines skills, drills, techniques, and safety measures from a variety of coaching associations along with more traditional aquatics programs. The lessons program is designed to move a swimmer from one level to the next to the point of graduating the swimmer with safety and swimming proficiency skills provided by Level 4 or intruduce a swimmer to our Brighton Aquatic Bull Shark swim team upon completion. This program is created by the Brighton Aquatics department and ties directly into the BAS Middle School and High School swimming/diving programs. Classes will be taught by current and former Brighton High School swim/dive team members and certified instructors. **Check online at BrightonCommunityEd.com or call 810/299-4147 for updates**. *All Aquatics classes are held at the Brighton High School pool, 7878 Brighton Road*.

Weekly lap/ open swim

Lap Swim: begins 9/3 Monday/ Wednesday/ Friday Limited lanes on Wednesday Tuesday/ Thursday

Open/Lap Swim:

Sunday on Lesson Days

12:45 – 3:00 рм

8:00 ам – Noon 9:00 – 11:00 ам

6:00 AM – NOON



Cardio Water Aerobics

Wednesday 9:00 – 9:50 AM

Punch card for 10 classes is \$70 (can be used for either Cardio Ware Aerobics or BOGAFit). Drop in fee is \$10. (cash or check if buying at the pool). Members of the Brighton Senior center can get a card for a reduced fee at the senior center. Taught by Debroh Hebda.



BOGAFit Mat Water Yoga/ Aerobics

Wednesday 10:00 – 10:50 AM

Class is a combination of yoga, aerobics, and pilates on a yoga mat designed to stay on top of the water. Balance and core strength are essential in case you don't want to fall in the water but that is also part of the fun. Limited space due to number of mats so space is first come, first served. Drop-ins welcome.

Brighton Aquatics Bullsharks

For detailed information on Brighton's competitive swim team including fees, dates, practice days and times, and registration go to *www.BrightonAquaticsMI.com*

Refund policy for swim lessons

If a swim lesson is cancelled, participants will be issued a pro-rated credit towards another Brighton Community Education class. Our schedule does not permit make-up days.



810/299-4130

Brighton Aquatics

Class Descriptions

Make sure to read the descriptions. The program has been updated and improved so levels may have changed.

Aqua tot I, II

Parent must accompany child in the water. Infants must wear swim diaper. This class is designed for child and parent to be comfortable in the water together and introduce water safety for child and parent. This class is not a "learn to swim" but rather a "learn to be comfortable" in bodies of water.

Aqua tots I

6 months – $2\frac{1}{2}$ years. Aqua tots II

Aqua lois I

 $2\frac{1}{2} - 4$ years.

Pre-beginners In this class they

will explore the water and learn basic skills with an instructor, including blowing bubbles, assisted floating, arm movements for the front crawl and back crawl.



Level I

Building on the prebeginner skills, these students should be able to put their face in the water, blow bubbles and be starting to work on swimming without assistance.

Level II

Builds on the level 1 skills. These swimmers should be able to swim 5 yds on their front and back without help, float on their front and back independently and jump into shallow water from the side of the pool..

Level III

Builds on the level 2 skills. These swimmers should be able to swim 15 yards on their front and back without help. Additionally, they should be able to do a sitting dive and be able to jump into deep water and return to the side on their own.

Level IV

Builds on level 3 skills. These swimmers should be able to swim 25 yards on the front with their face in the water and 25 yards on their back. Be able to do a kneeling dive, tread water for 30 seconds, and understand the arm movements for butterfly.

REGISTER AT - BRIGHTONCOMMUNITYED.COM

Group Swim Lessons

Session I (\$120)

Sundays- 6 classes Registration opens 8/19 9/15, 9/22, 9/29, 10/6, 10/13, 10/20

Aquatots I	9:30-10:00am
Aquatots II	10:00-10:30am
Prebeginners	10:30-11:00ам
Prebeginners	11:30-Noon
Level I	11:00-11:30ам
Level I	Noon-12:30рм
Level II	11:30-Noon
Level II	Noon-12:30рм
Level III	11:00-11:30ам
Level IV	10:30-11:00am

Session II (\$100)

Sundays - 5 classes Registration opens 10/21 11/3, 11/10, 11/17, 11/24, 12/8 (No Class 12/1)

Aquatots I	9:30-10:00ам
Aquatots II	10:00-10:30ам
Prebeginners	10:30-11:00ам
Prebeginners	11:30-Noon
Level I	11:00-11:30ам
Level I	Noon-12:30рм
Level II	11:30-Noon
Level II	Noon-12:30рм
Level III	11:00-11:30ам
Level IV	10:30-11:00ам

Register for classes at BrightonCommunityEd.com



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Community Education Department 125 S. Church St. Brighton, MI 48116



Save the Date Daddy Daughter & Mother Son Sweetheart Dances

If you are interested in being a dance sponsor, contact Jodie at valentij@brightonk12.com



